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# CARDIOVASCULAR EFFECTS OF THE TOBACCO HEATING SYSTEM (THS) 2.2 COMPARED WITH CONTINUED SMOKING

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*Athens, Greece*

*Dr. Patrick Picavet, M.D., on behalf of:*

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*Philip Morris International  
9 June 2018*

# The Scientists



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*Gizelle Baker*



*Christelle Haziza*



*Julia Hoeng*



*Nikolai Ivanov*



*Frank Luedicke*



*Serge Maeder*



*Manuel Peitsch*



*Blaine Phillips*



*Patrick Picavet*



*Carine Poussin*



*Patrick Vanscheeuwijck*

# Creating a New Category: Reduced-Risk Products



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*Reduced-Risk Products (“RRPs”) is the term we use to refer to products that present, are likely to present, or have the potential to present less risk of harm to smokers who switch to these products versus continued smoking.*

*We have a range of RRP s in various stages of development, scientific assessment, and commercialization.*

*Because our RRP s do not burn tobacco, they produce far lower quantities of harmful and potentially harmful compounds than found in cigarette smoke.*



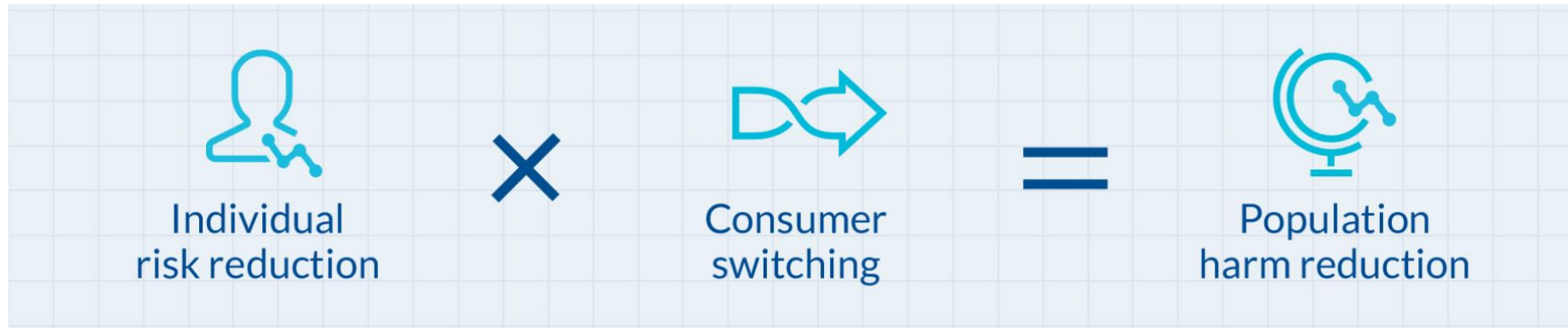
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# Tobacco Harm Reduction

# What Is the Objective of Harm Reduction?

- Smoking is addictive and causes a number of serious diseases
- Worldwide, it is estimated that more than **1 billion people** will continue to smoke in the foreseeable future\*
- Offering smoke-free alternatives to adult smokers is a sensible, complementary addition to existing tobacco control strategies

1,000,000,000



Successful harm reduction requires that current adult smokers be offered a range of Reduced-Risk Products they can fully switched to, should they decide not to quit.

\* <http://www.who.int/tobacco/publications/surveillance/reportontrendstobaccosmoking/en/index4.html>

Figure adapted from Clive Bates presentation to E-Cigarette Summit (19 Nov 2013)

Note: Reduced Risk Products ("RRPs") is the term PMI uses to refer to products that present, are likely to present, or have the potential to present less risk of harm to smokers who switched to these products versus continued smoking.

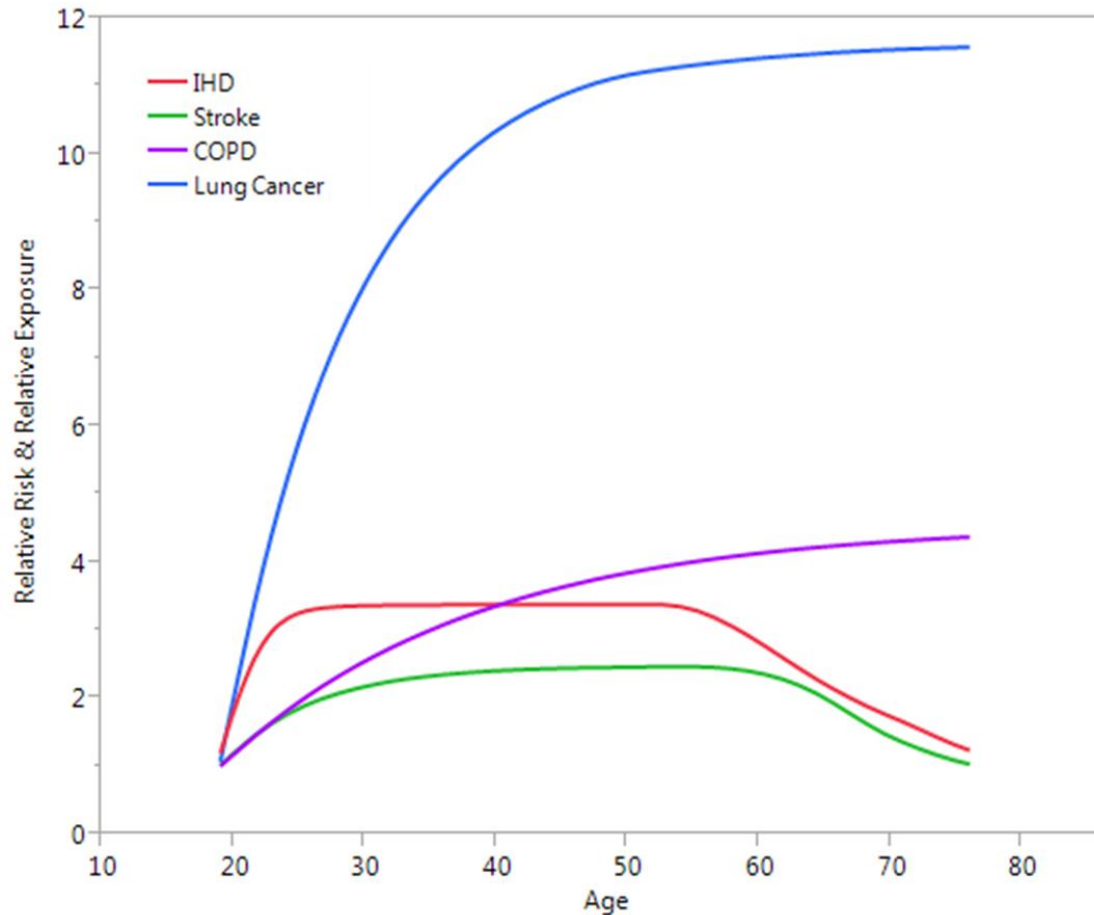


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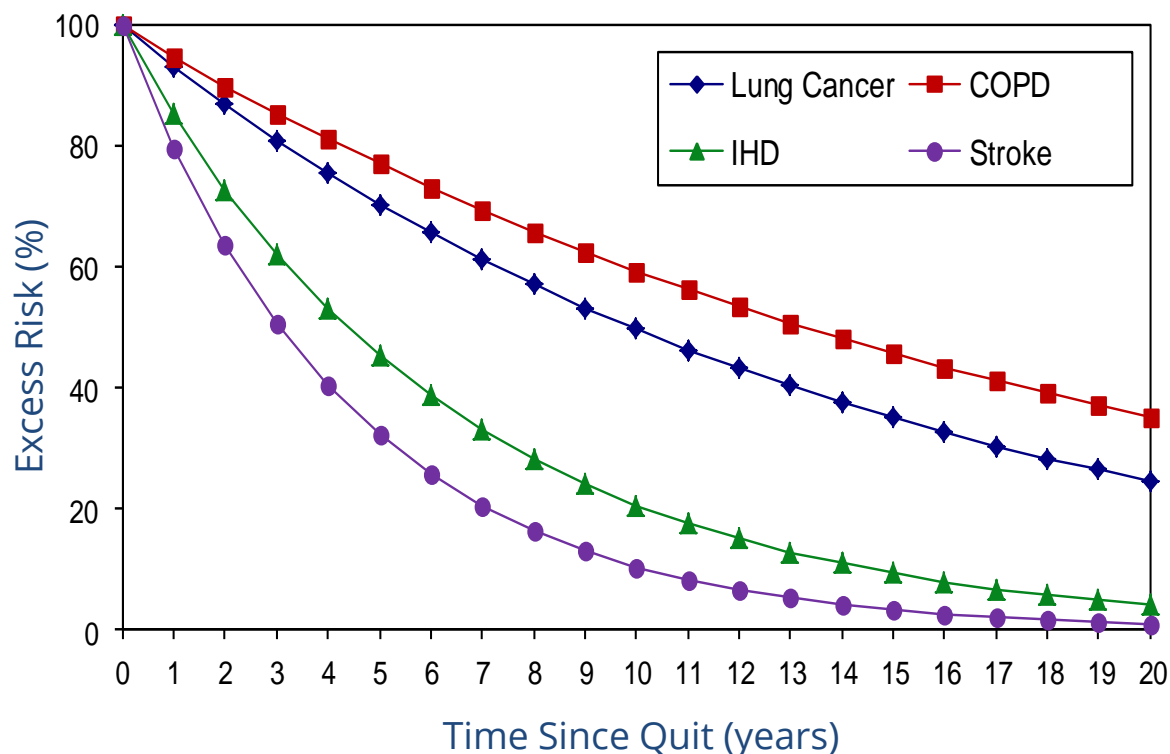
# Excess Risk of Smoking-Related Disease

**Disease-Specific Relative Risk <sup>[1]</sup> (by age)** *Relative risk of IHD, Stroke, COPD, and LC for an adult cigarette smoker*



# Excess Risk of Smoking-Related Disease

## Reduction in Excess Risk Over Time



### Disease Risk Half-Life <sup>[2]</sup>

*(The time at which half of the Excess risk associated with cigarette smoking has disappeared)*

Age (a)	Lung Cancer	IHD	Stroke	COPD
Any age	-	-	4.78	13.32
to 49	6.98	1.47	-	-
50 to 59	10.39	5.22	-	-
60 to 69	10.60	7.48	-	-
70 to 79	12.99	13.77	-	-

[1] Sources for relative risk: Lung Cancer (Lee 2012), COPD (Forey 2011), IHD and Stroke (Lee 2016)

[2] Sources for half-life of risk: Lung Cancer (Fry 2013), COPD (Lee 2014), IHD (Lee 2012), Stroke (Lee 2014)



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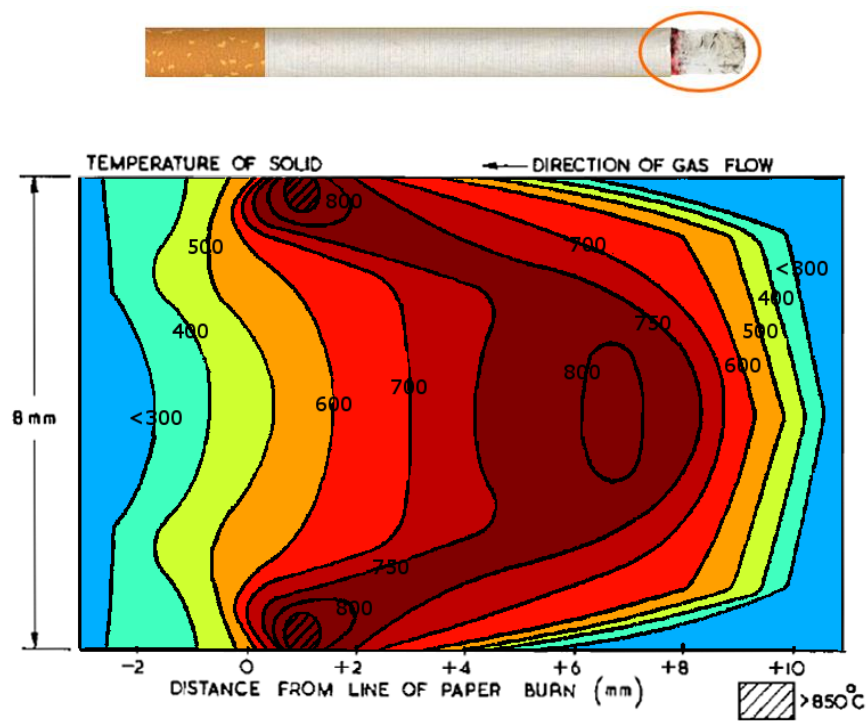
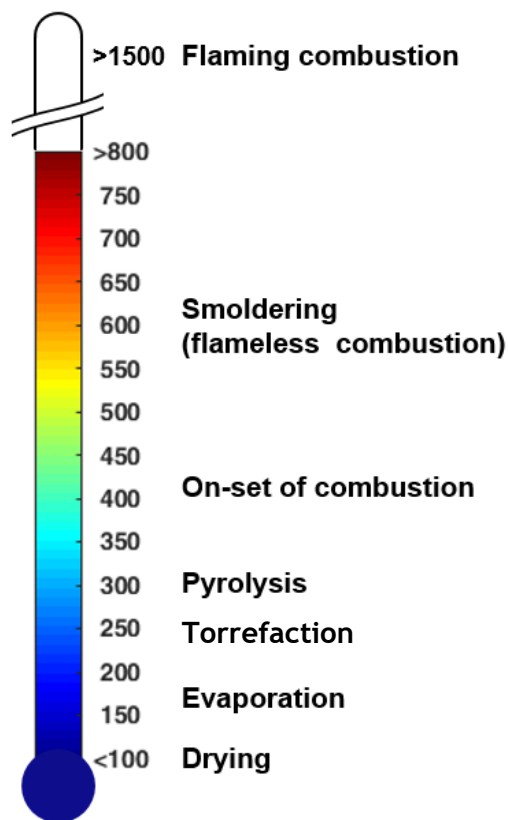
# Combustion



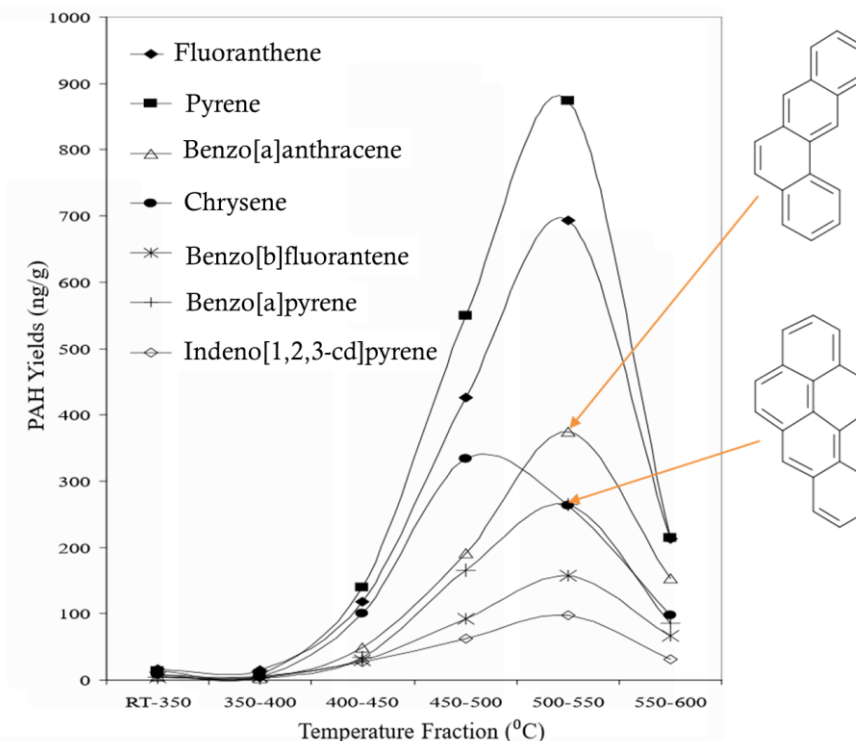
# Elimination of Combustion Is Key

Scientific studies have shown that as the temperature of tobacco increases, the levels of harmful chemicals formed increases

Temperature (°C)



Source: Baker R. R., 1975, Temperature variation within a cigarette combustion coal during the smoking cycle, High Temp. Sci., 7, 236-247. Coloration by PMI.



Source: McGrath, T.E., Wooten, J.B., Chan W.G. and Hajaligol, M.R., 2007, Formation of polycyclic Aromatic Hydrocarbons from Tobacco: the "Link" between Low Temperature Residual Solid and PAH Formation, Food and Chemical Toxicology, 45,6,1039-1050



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# The Tobacco Heating System 2.2

# PMI's Reduced-Risk Product Portfolio

## Heated Tobacco Products

PLATFORM

1

ELECTRICALLY HEATED TOBACCO  
PRODUCT (EHTP) OR  
TOBACCO HEATING SYSTEM (THS)



PLATFORM

2

CARBON-HEATED TOBACCO  
PRODUCT (CHTP)



## Products Without Tobacco

PLATFORM

3

NICOTINE DELIVERY SYSTEM



PLATFORM

4

E-VAPOR PRODUCTS



Note: The RRP's depicted are subject to ongoing development; therefore, the descriptions are illustrative and do not necessarily represent the latest stages of product development.

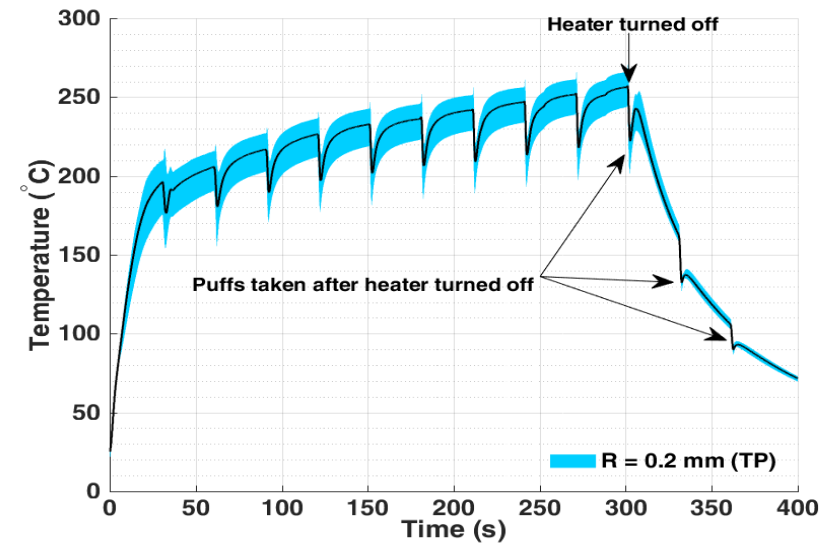
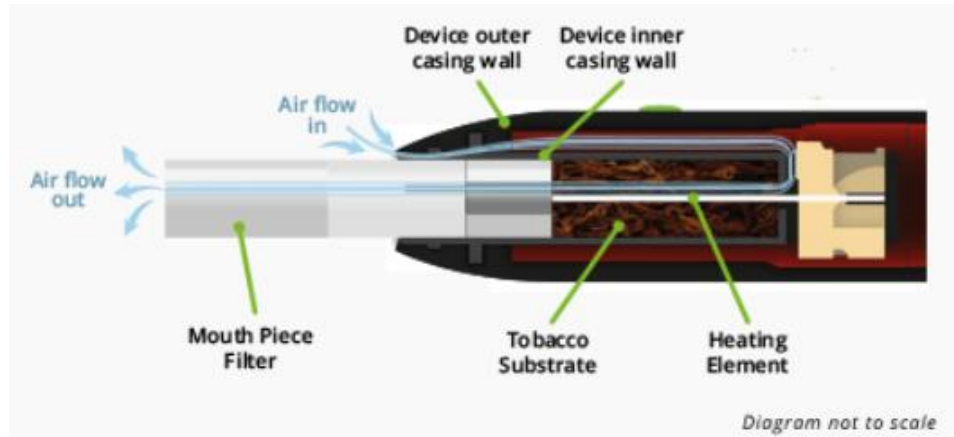


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# Why Heat Tobacco Rather than Burn It?

The Tobacco Heating System (THS) (currently commercialized as *IQOS* in > 38 countries) is designed and has been demonstrated to:

- Heat tobacco without combustion
- Preserve elements of the taste, sensory experience, nicotine delivery profile, and ritual characteristics of cigarettes





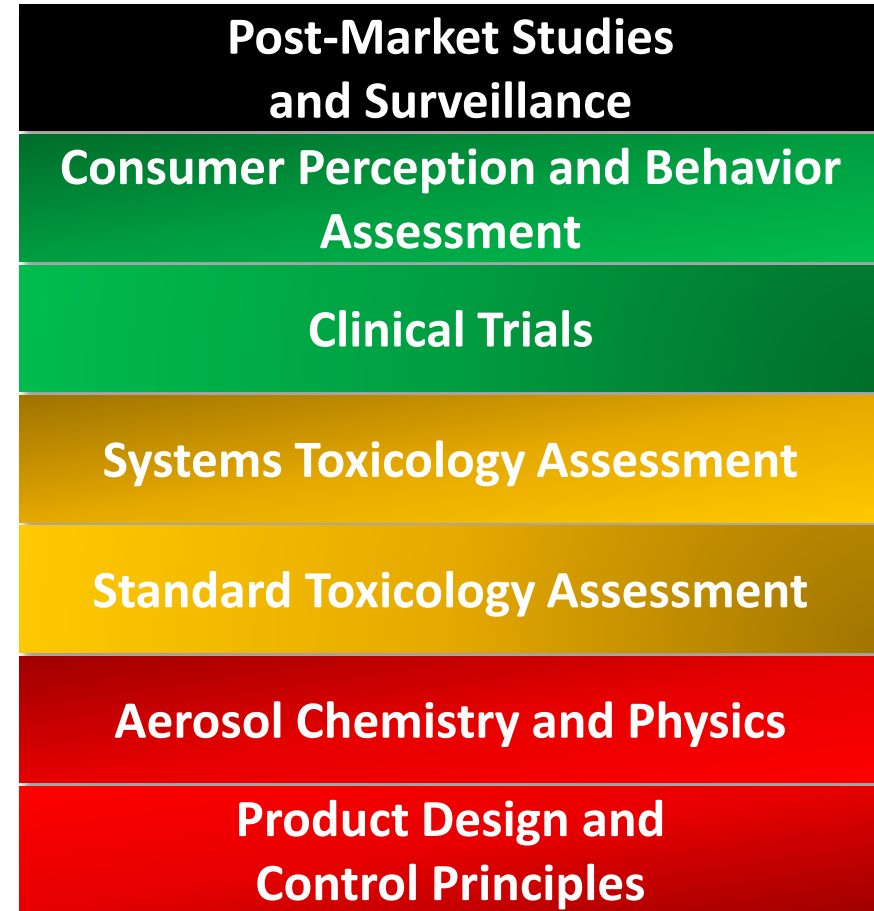
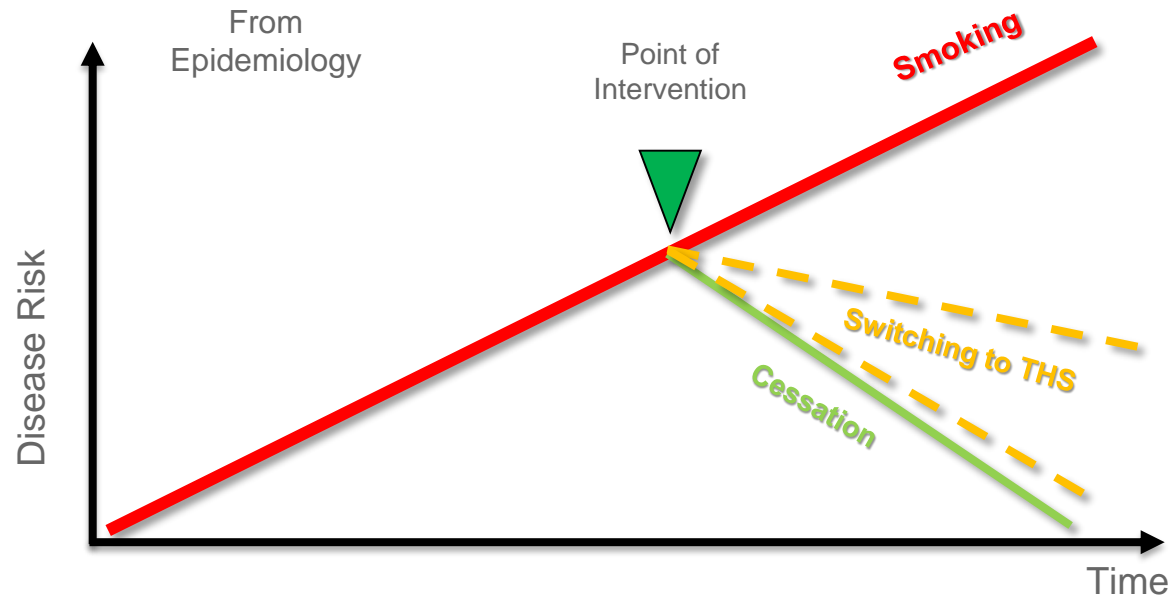
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# Scientific Assessment Approach

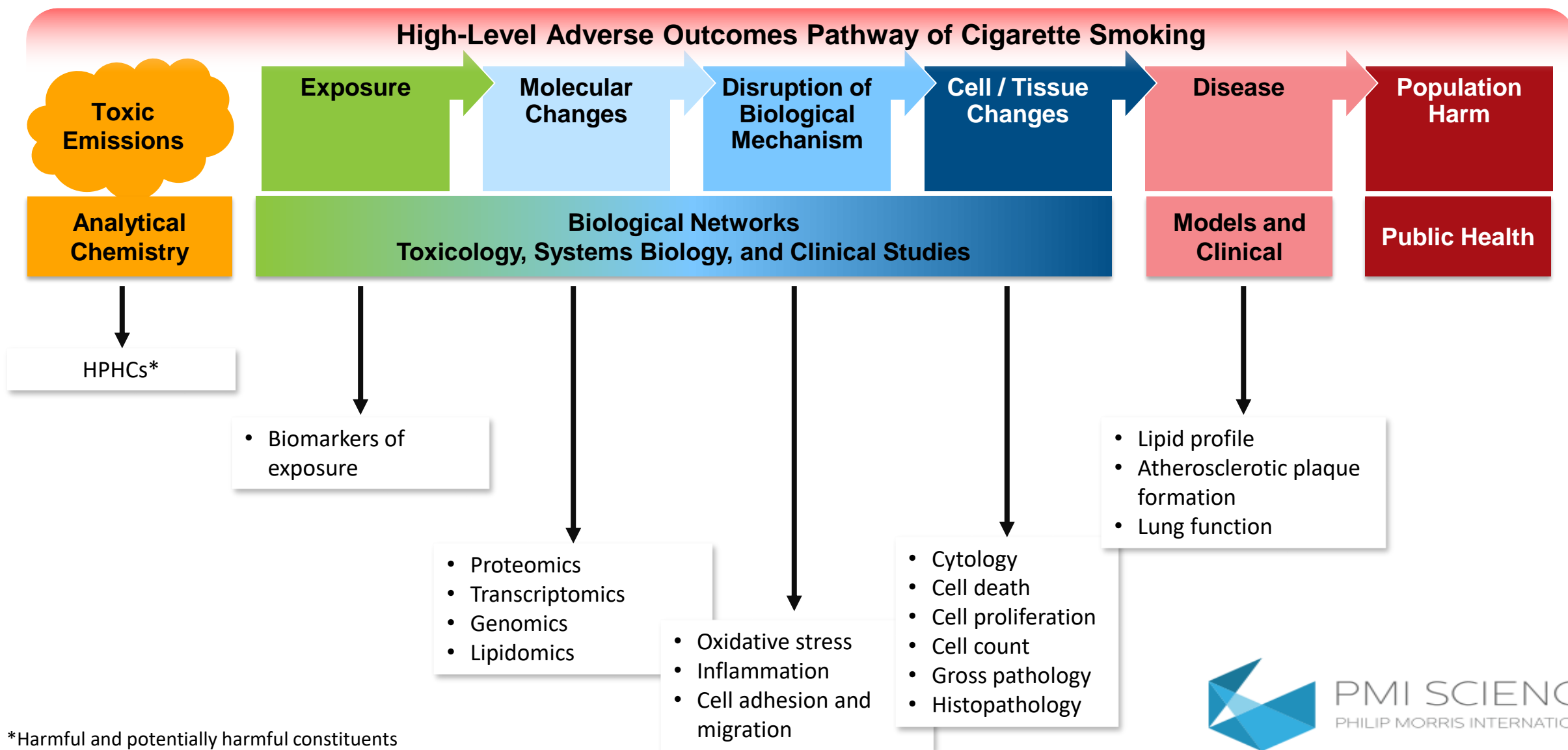


# PMI's Scientific Assessment Approach

## Assessment Framework



# Assessment Framework: Informed by Epidemiology

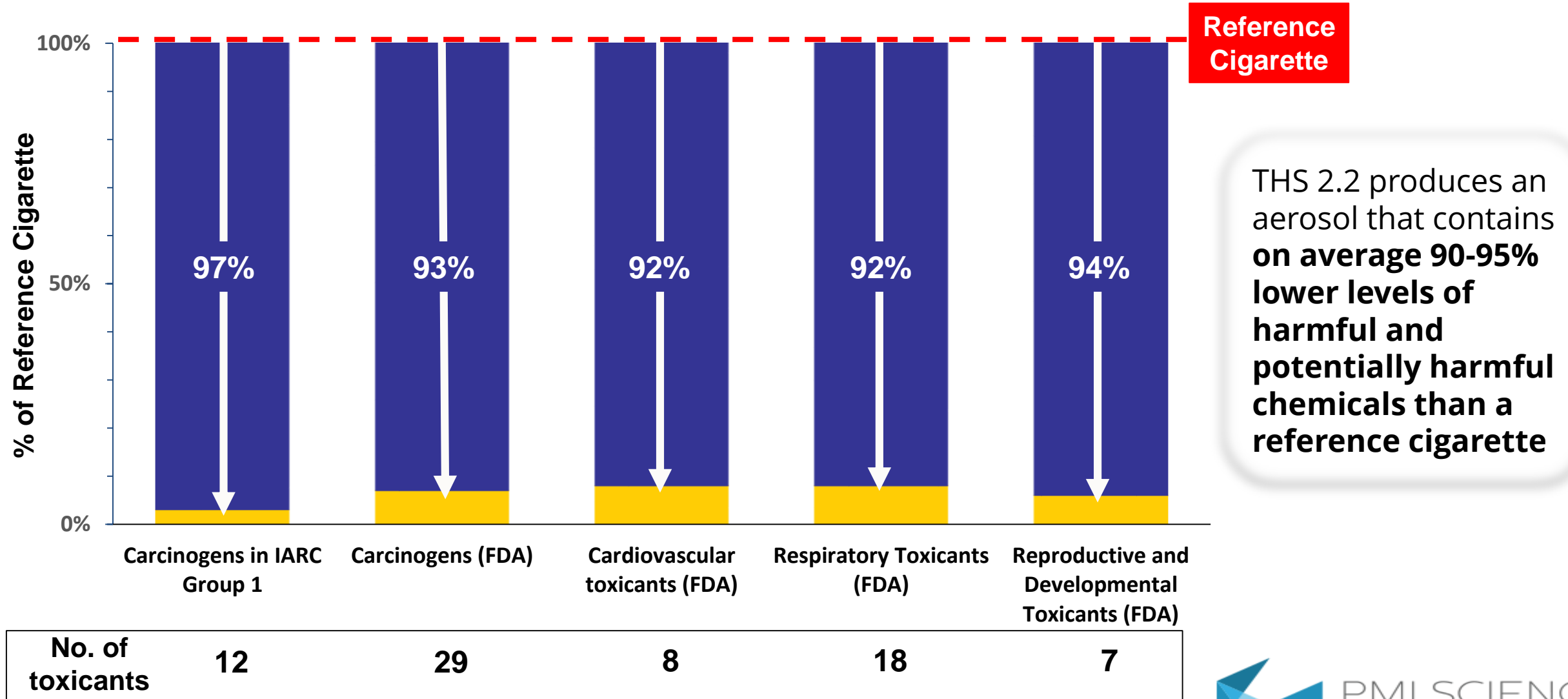




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# Exposure Reduction and Carbon-Based Nanoparticles

# Reduced Formation of HPHCs by Disease Categories

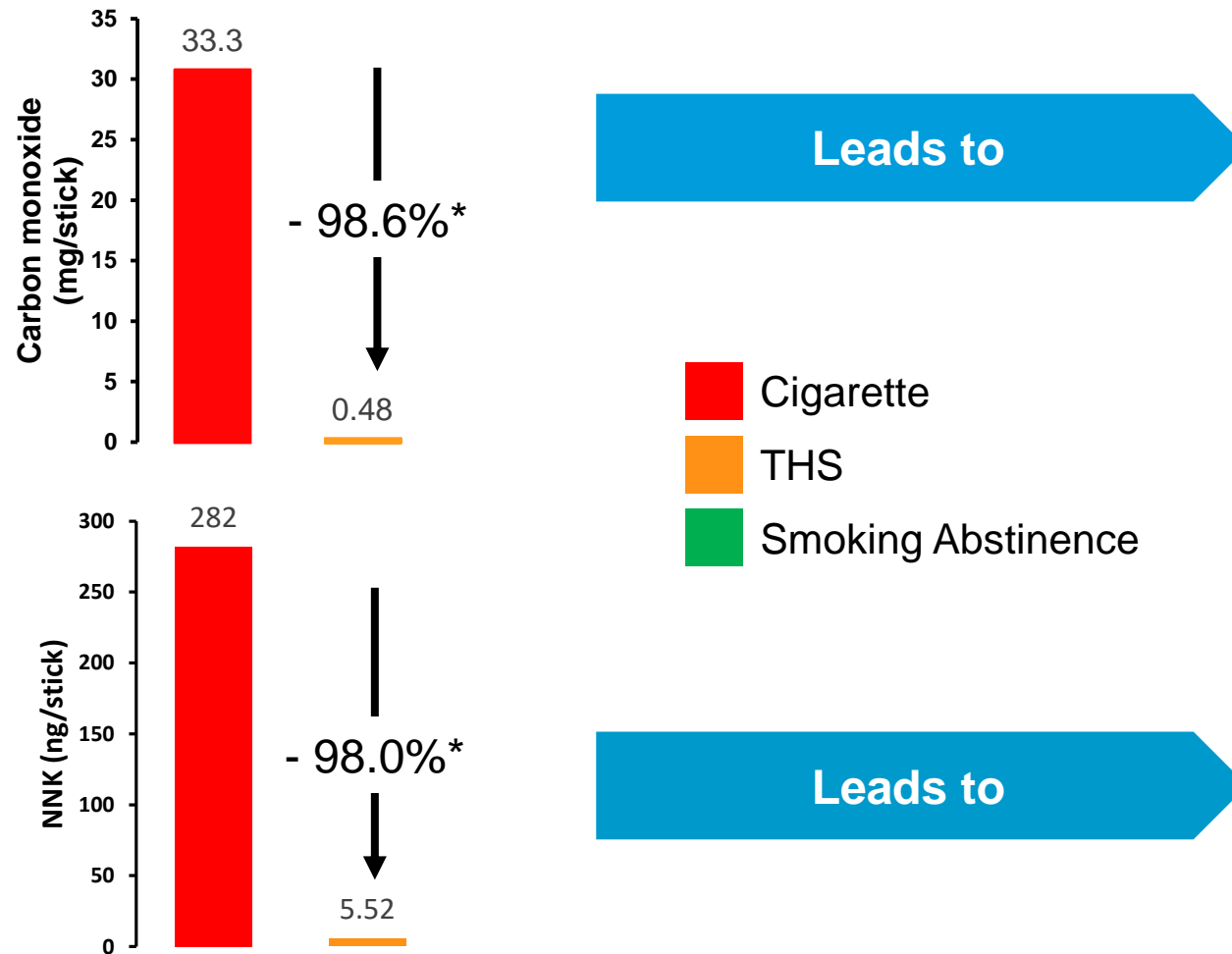


Note: Intense Health Canada's Smoking Regime; Comparison on a per-stick basis; Excludes Nicotine

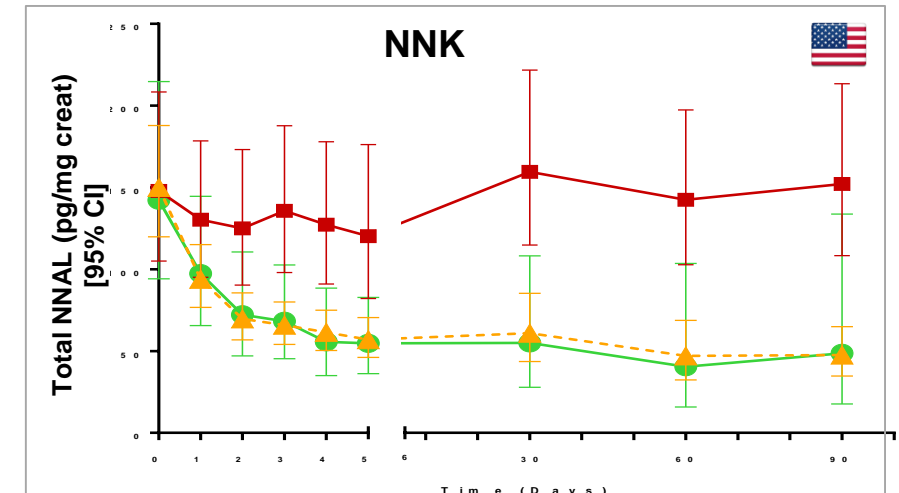
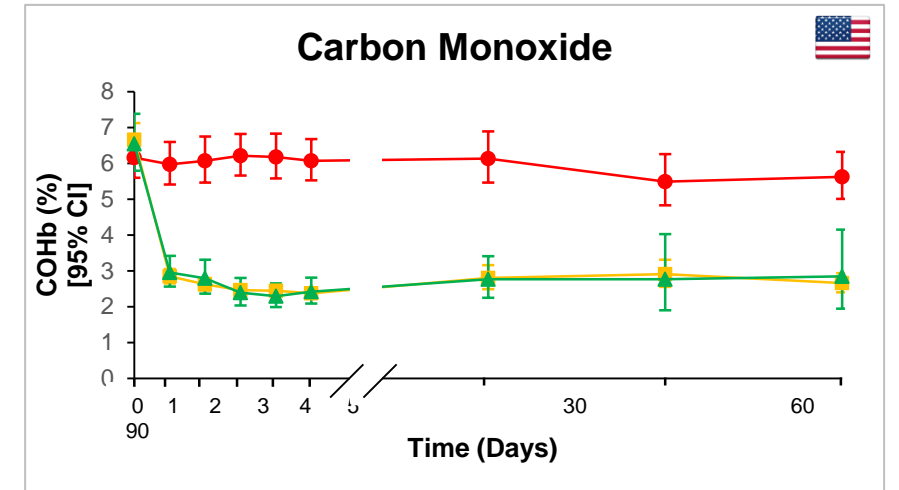
# Changes in Exposure to HPHCs

## Reduced Exposure in Healthy Human Subjects

Levels of HPHCs are Drastically Reduced in THS Aerosol



Exposure is Significantly Reduced After Switching to THS

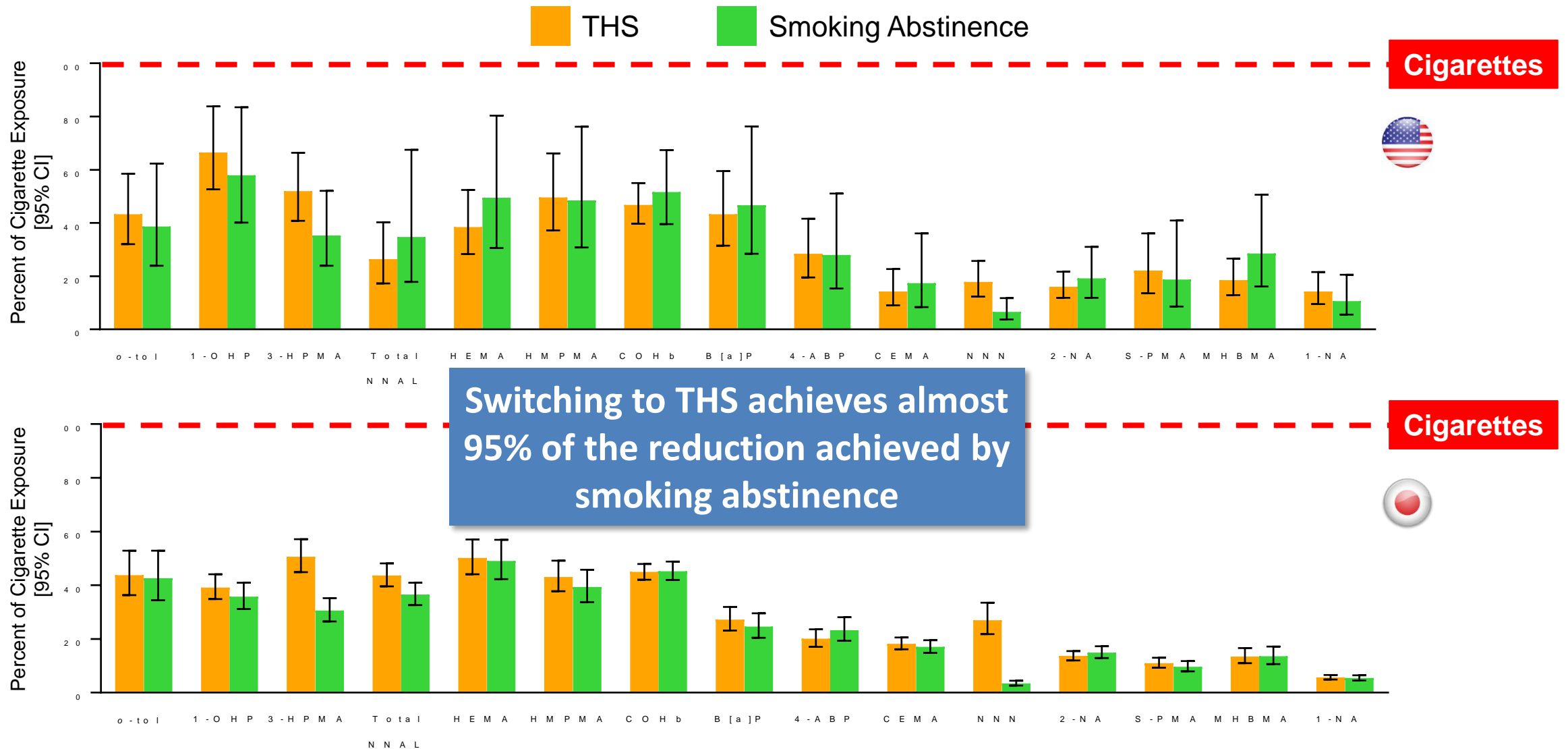


\* On equivalent nicotine basis

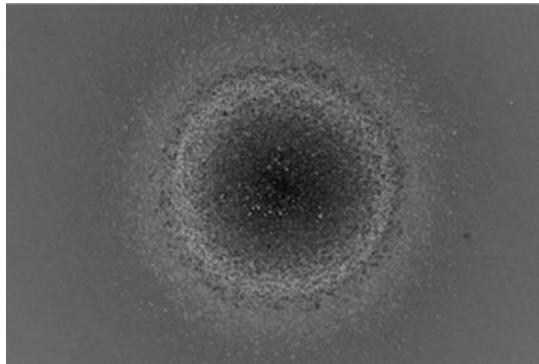


# Reduced Exposure Similar to Smoking Abstinence

## Reduced Exposure in Healthy Human Subjects



# Reduced Formation of HPHCs by Disease Categories

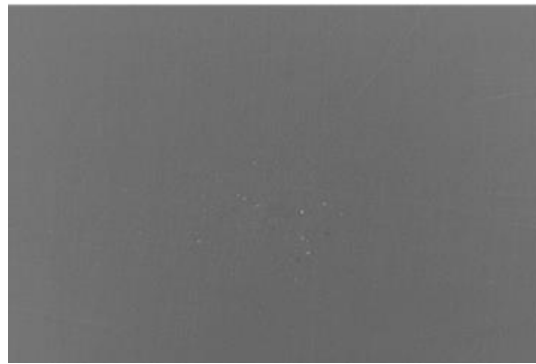


## Cigarette smoke

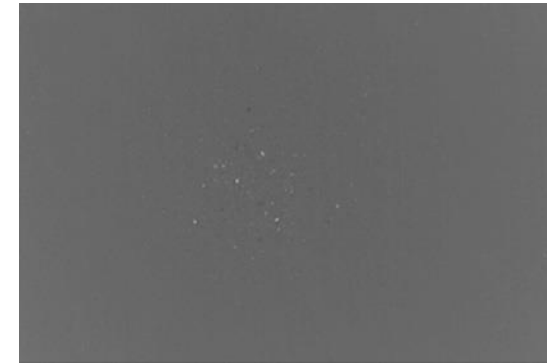
Carbon-based nanoparticles

Median diameter = 75 nm

Amount:  $6 \times 10^{11}$  particles  $\approx$  0.7 mg\*



## Blank (Air)



## THS aerosol

No solid particles



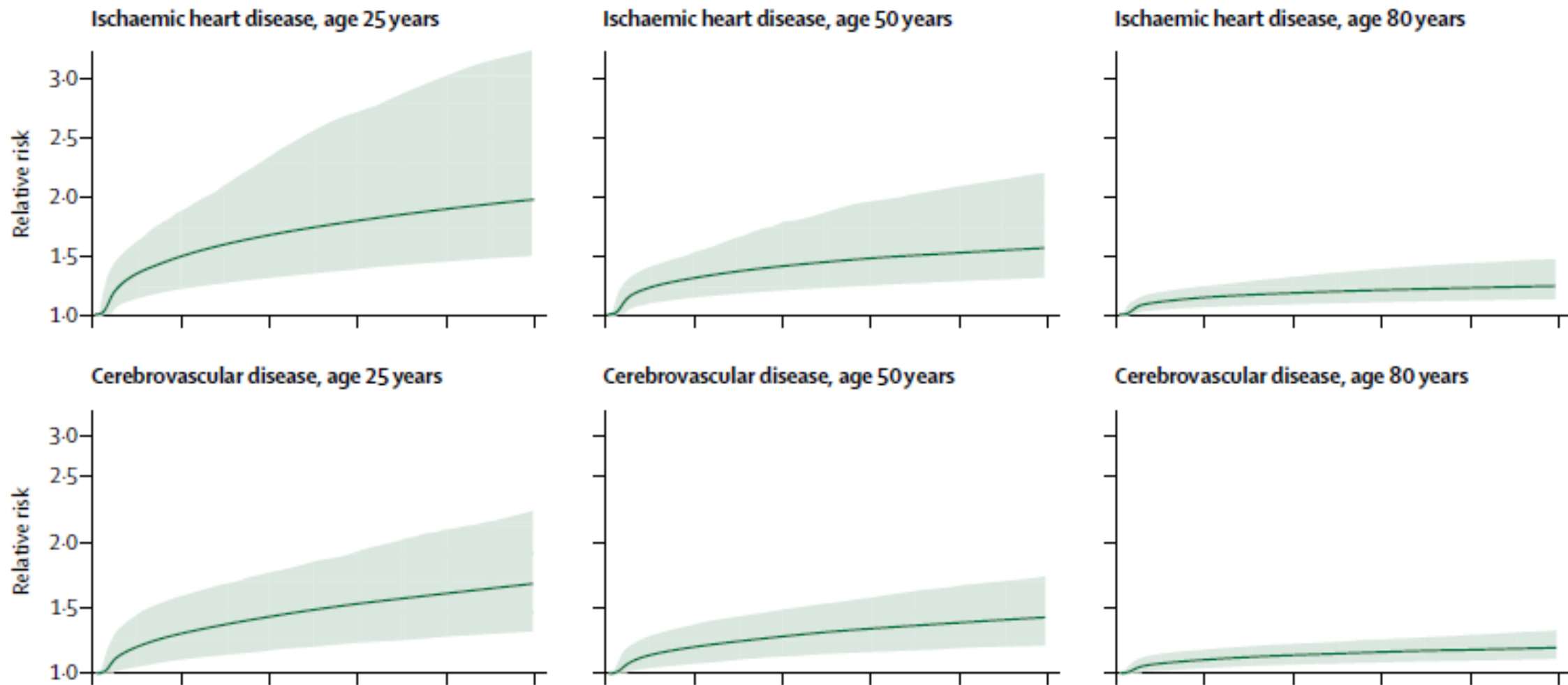
**Scanning Electron Microscopy images of the collected smoke/aerosol after passing through a thermodenuder set at 300° C to remove the volatile portion / collected material characterized by Electron Diffusive X-ray.**

\* Under the Health Canada's Intense Smoking Regime.

Pratte et al. Investigation of solid particles in the mainstream aerosol of the Tobacco Heating System THS2.2 and mainstream smoke of a 3R4F reference cigarette. *Hum. Exp. Toxicol.* 2017; 36:1115-1120.

Cohen et al. Estimates and 25-year trends of the global burden of disease attributable to ambient air pollution: an analysis of data from the Global Burden of Diseases Study 2015. *Lancet* 2017; 1907-1918.

# Global Disease Risk Associated with PM 2.5



Cohen et al. Estimates and 25-year trends of the global burden of disease attributable to ambient air pollution: an analysis of data from the Global Burden of Diseases Study 2015. *Lancet* 2017; 1907-1918.



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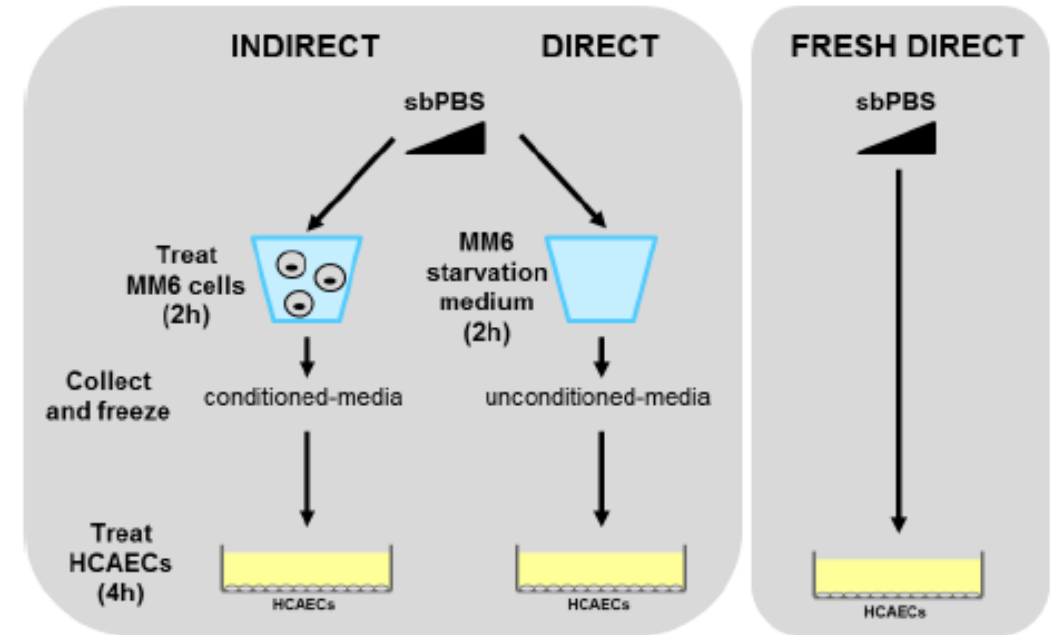
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# *In Vitro* Models of Disease

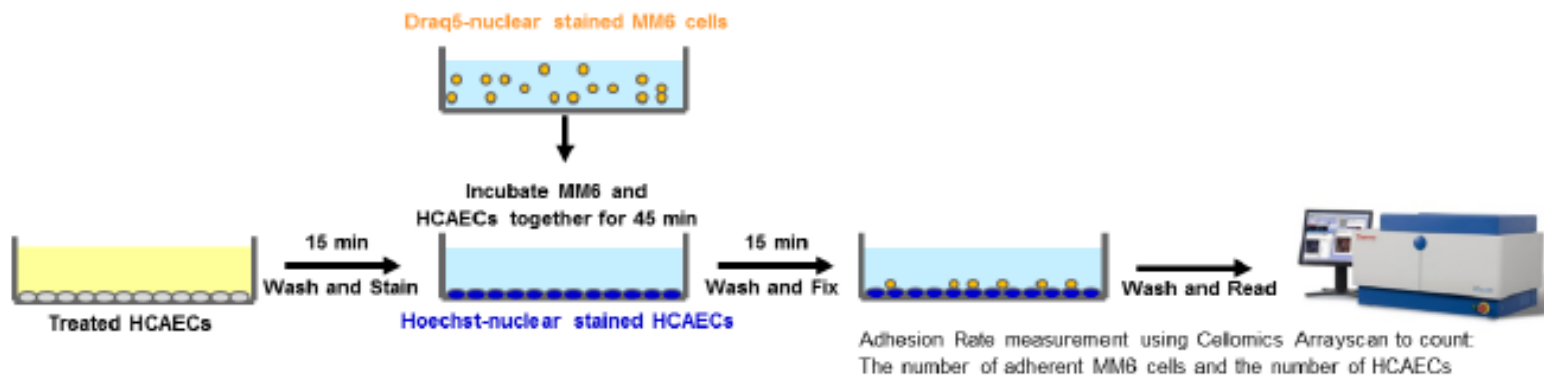
# From Risk Assessment Framework to *In Vitro* Study Design

## *In vitro* model: Adhesion of monocytic cells to human coronary arterial endothelial cells

1. Cell exposure to 3R4F or THS 2.2 (aqueous smoke / aerosol extract)
2. Treatment of human coronary arterial endothelial cells (HCAEC)
3. Adhesion Assay
  - Untreated MM6 cells and 4h-treated HCAECs were nuclear-stained for 15 min. and then incubated together for 45 min
  - After cell fixing and washing, remaining adherent MM6 cells and HCAECs were counted
  - The adhesion rate was calculated



- Adhesion assay (functional endpoint)
- Transcriptomics (molecular endpoints)





# From Risk Assessment Framework to *In Vitro* Study Design

*In vitro* model: Adhesion of monocytic cells to human coronary arterial endothelial cells

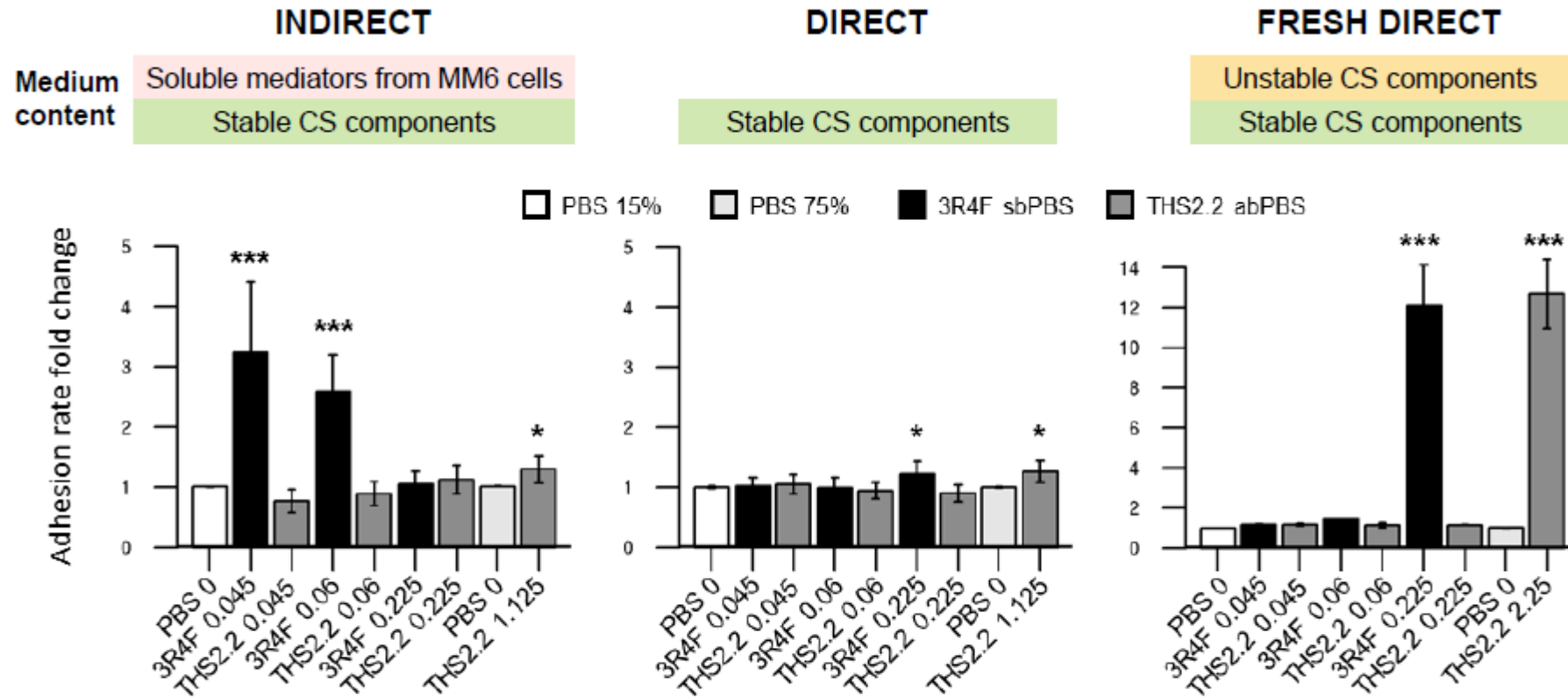
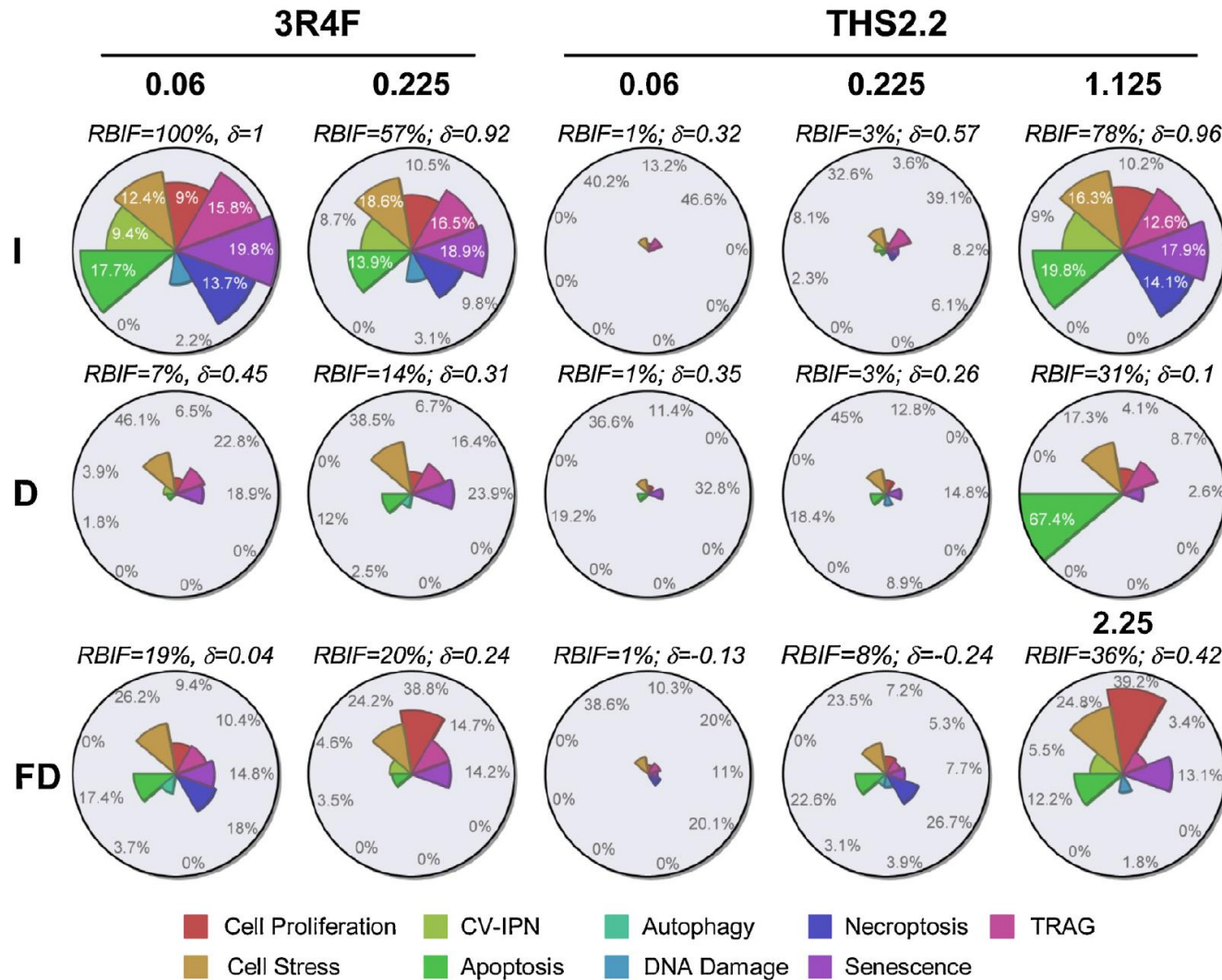


Figure 1: Effects of THS2.2 abPBS and 3R4F sbPBS on the adhesion of MM6 cells to HCAECs following indirect, direct, and fresh direct treatments of HCAECs. Bar charts represent fold changes of the adhesion rate relative to respective vehicle controls. The adhesion rate reflects the number of adherent MM6 cells relative to the total number of HCAECs counted in the same well multiplied by 100. Data are presented as the mean  $\pm$  SEM; N=2–3 independent experiments (n=3–6 replicates). \* $p \leq 0.05$ , \*\*\* $p \leq 0.001$  vs. 0 puffs/ml (PBS 15% or 75%).

# From Risk Assessment Framework to *In Vitro* Study Design

## *In vitro* model: Adhesion of monocytic cells to human coronary arterial endothelial cells



### Conclusions:

- 3R4F aqueous cigarette smoke extract promoted adhesion of MM6 cells to HCAEC in indirect and fresh direct exposure conditions
- At the same concentrations, no significant adhesion of MM6 cells to HCAECs
- The concentrations of THS 2.2 required to be increased by ~10 and 20 times to observe similar effects at functional and molecular levels to the ones observed with 3R4F



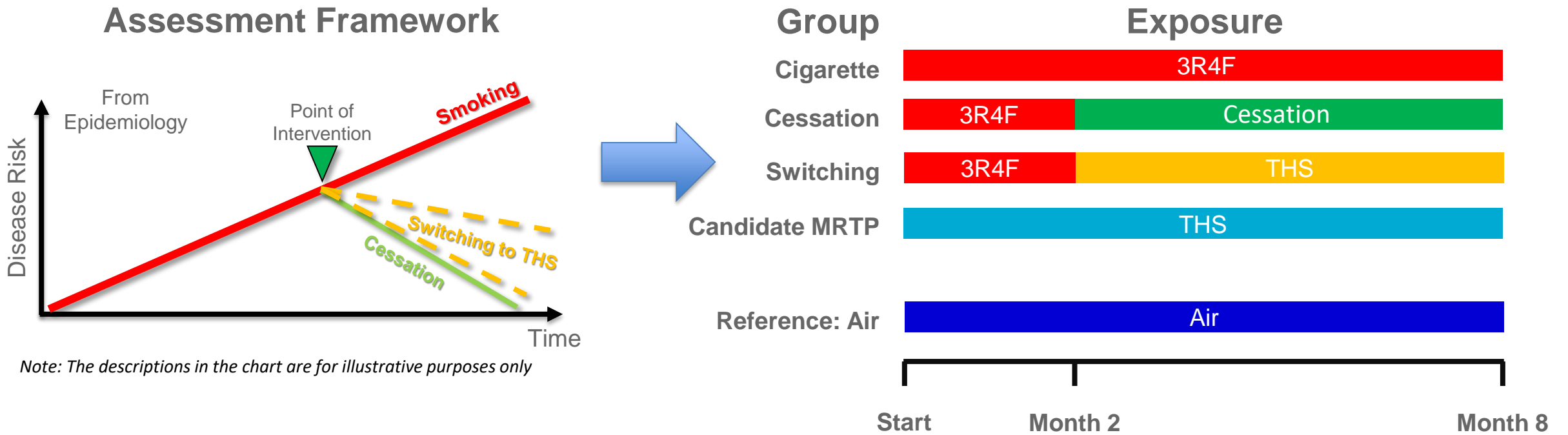
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# Animal Models of Disease

# From Risk Assessment Framework to in vivo Study Design

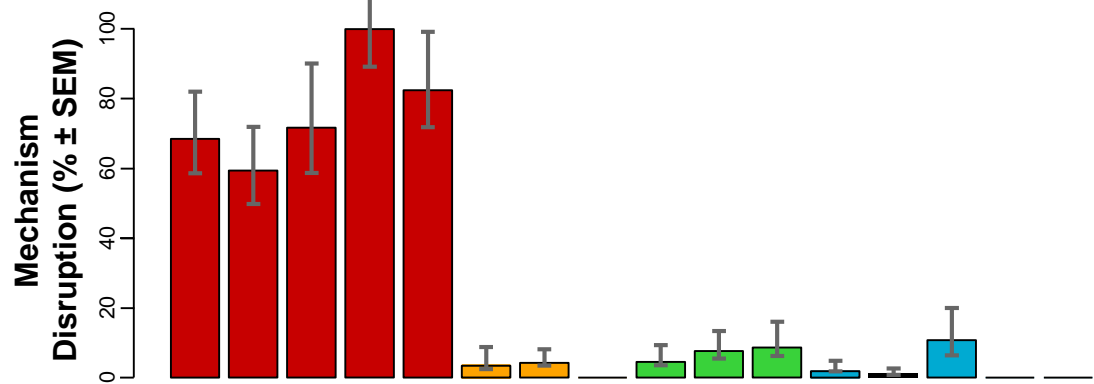
## Animal Model: ApoE -/- mouse – Concomitant analysis of CVD and COPD endpoints

- 8 months duration (approximately 40% of lifetime)
- Concomitant analysis of CVD and COPD endpoints
- Comprehensive analysis of molecular changes and mechanistic impact
- Exposure dose corresponds to ~30 cigarettes per day in human comparison

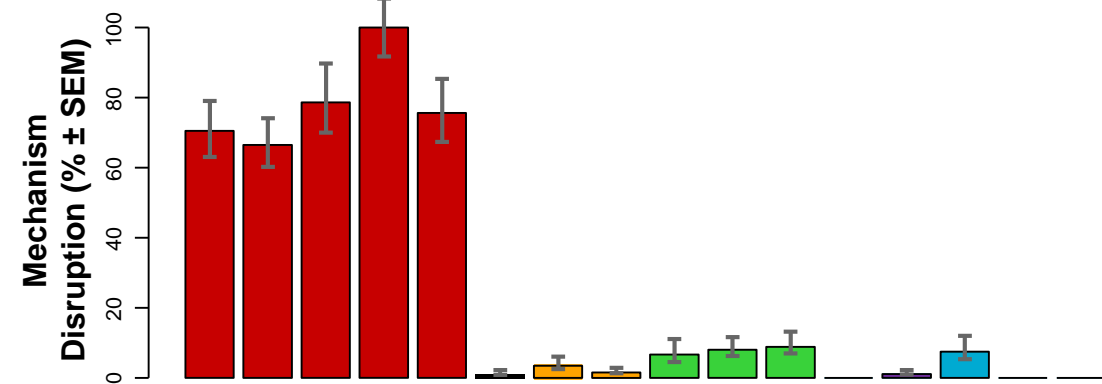


# Reduced Effects on Disease Mechanisms

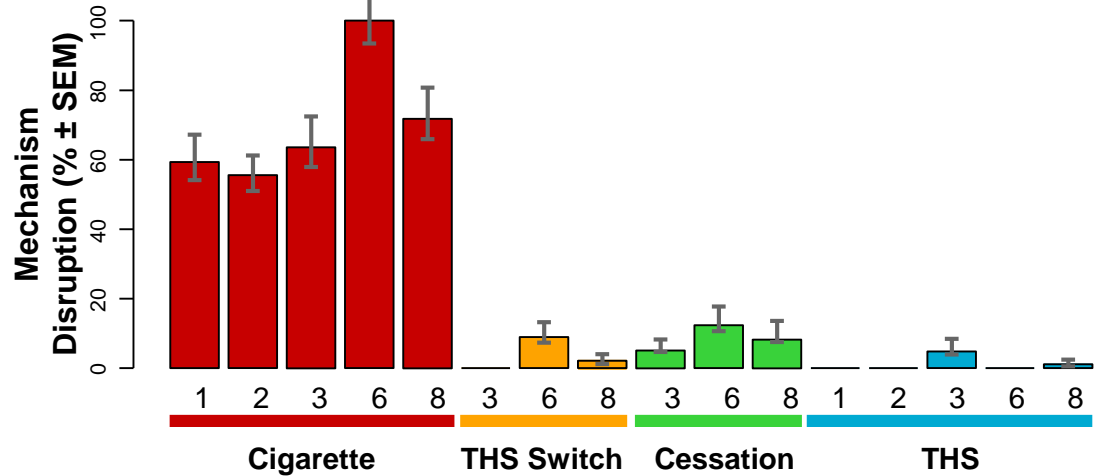
Cell Stress



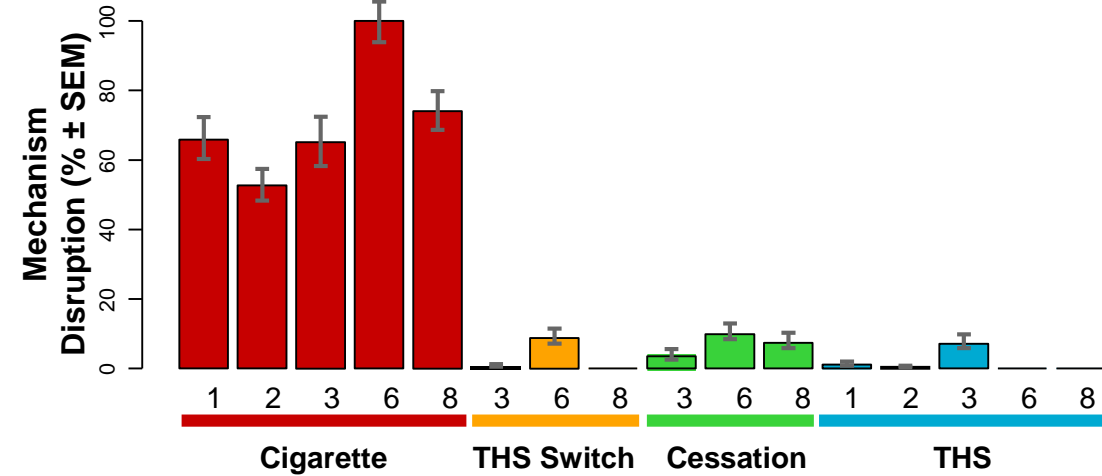
Cell Fate & Apoptosis



Cell Proliferation



Tissue Repair & Angiogenesis





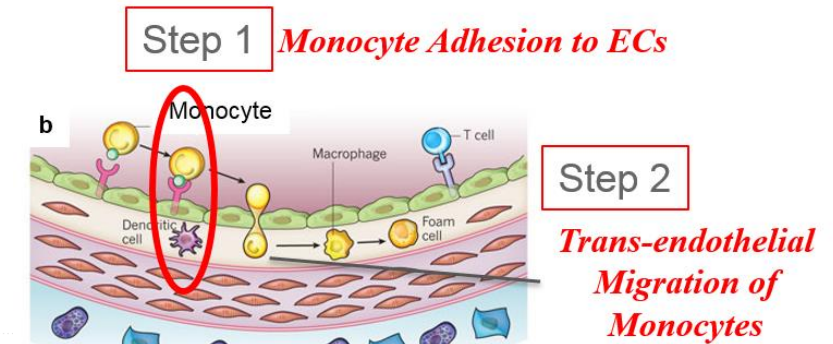
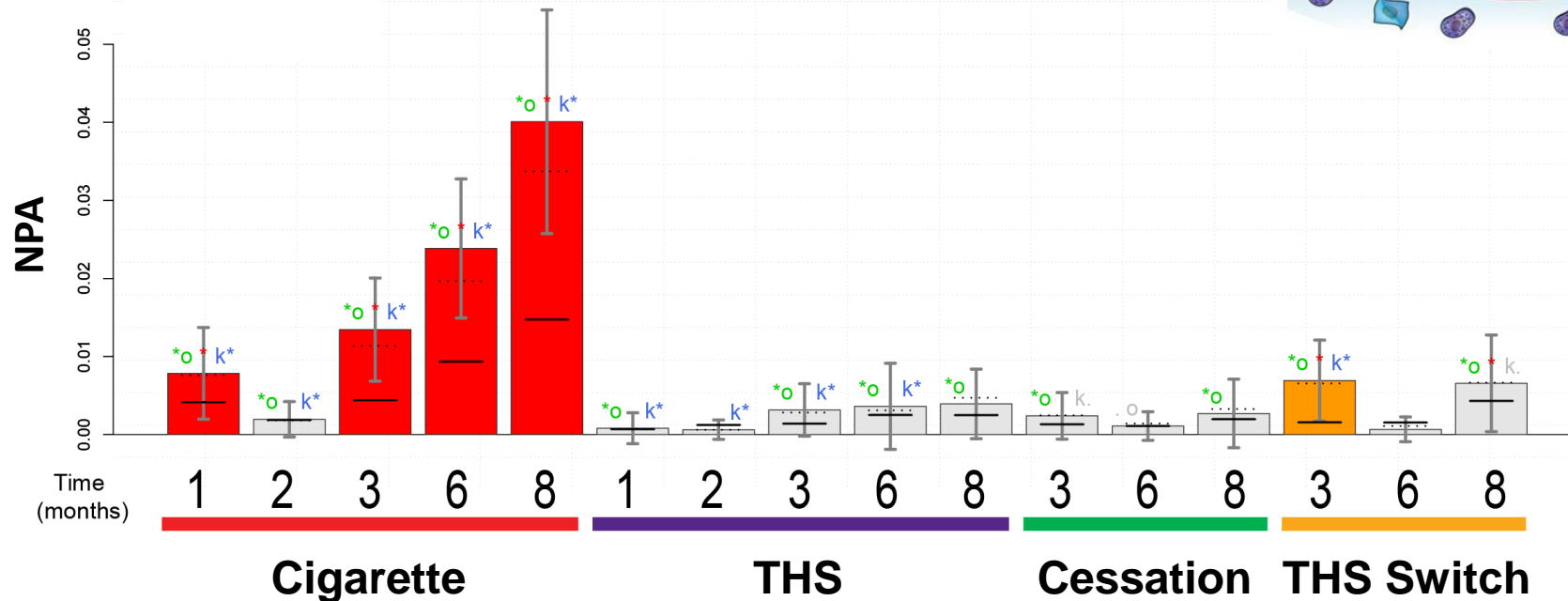
# 8-month Apoe-/- mouse switching study

## *Interaction between monocytes and endothelial cells*

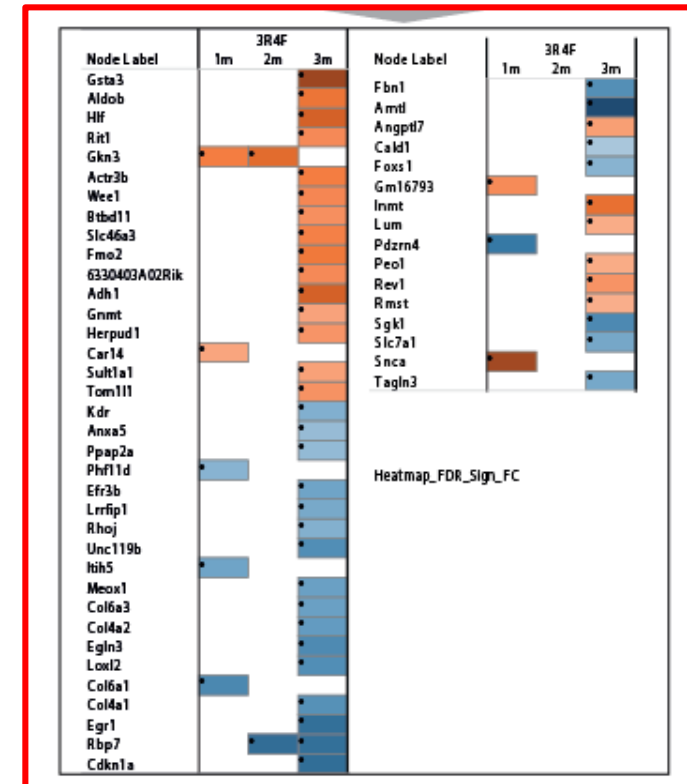
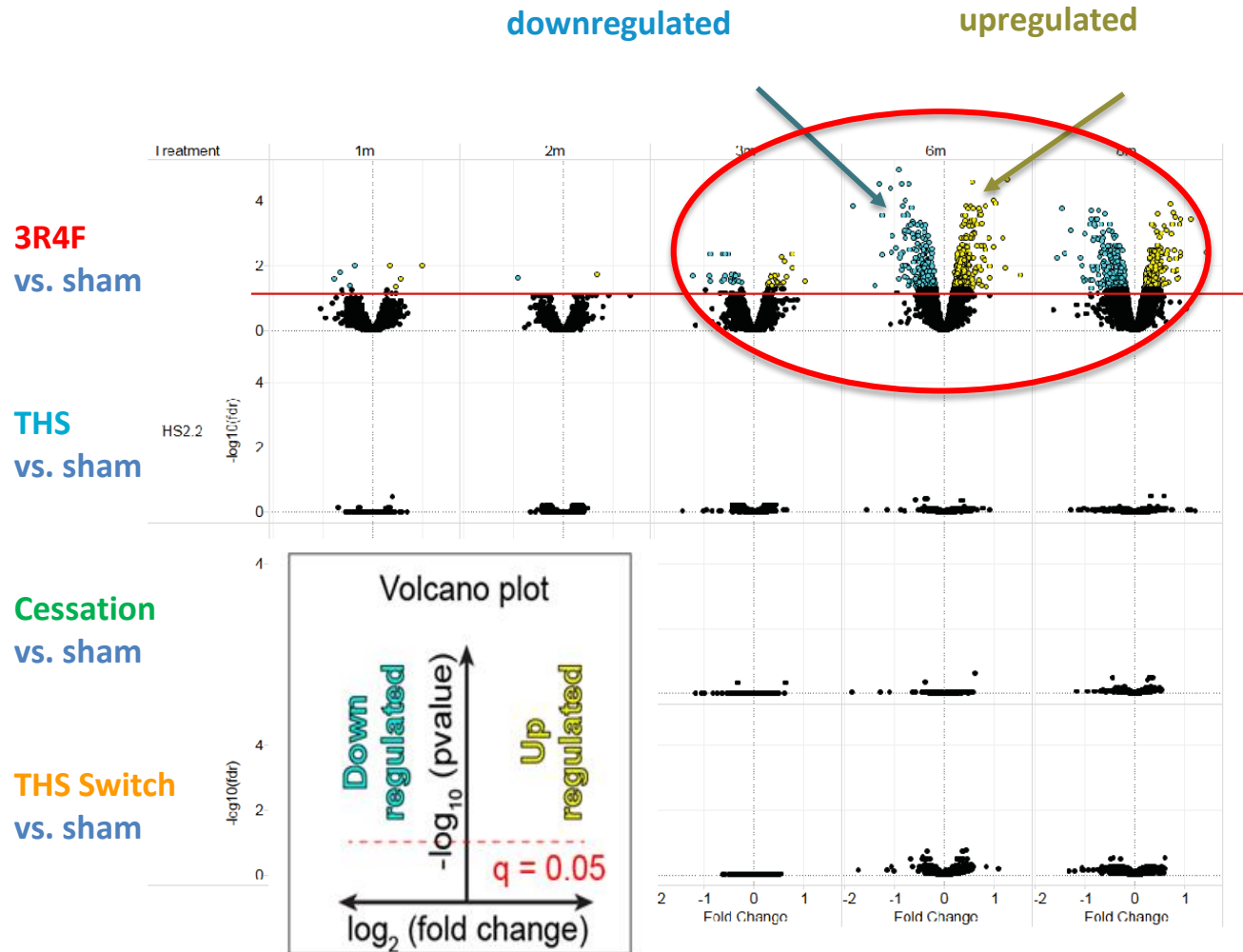
- Network Perturbation Amplitude of:

- Inflammation/Endothelial cell activation ↓
- Inflammation/Neutrophil Signaling ↓

Vascular Inflammation/  
Endothelial cell – monocyte interaction



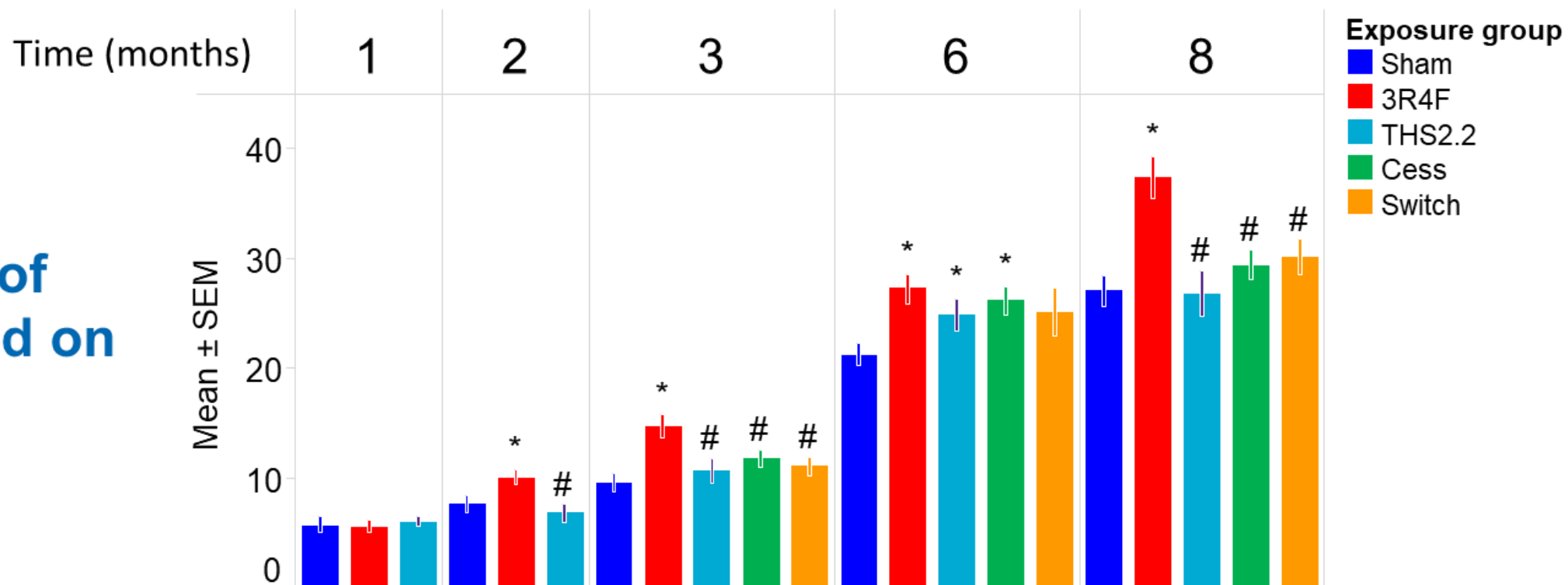
# Heart (left ventricle) Transcriptomics



- Muscle structure and function
- Inflammatory response
- Cardiovascular disease

# From Risk Assessment Framework to in vivo Study Design

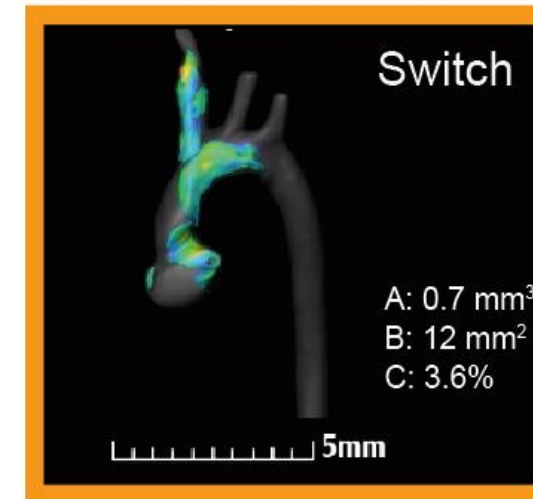
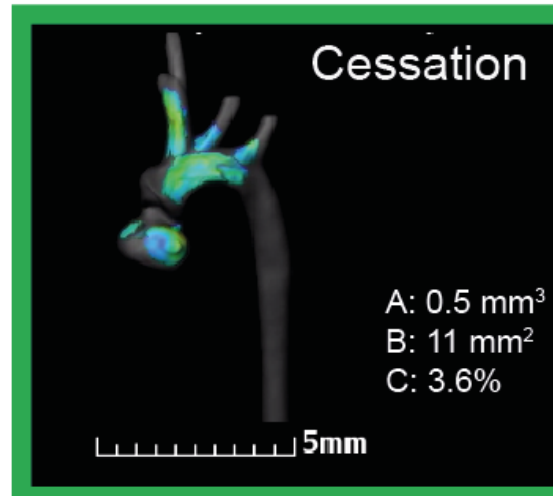
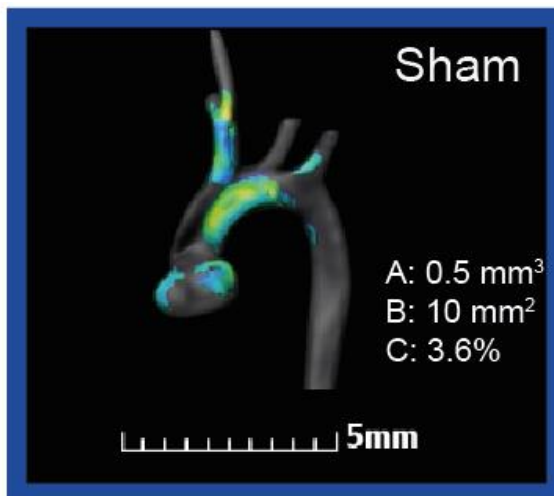
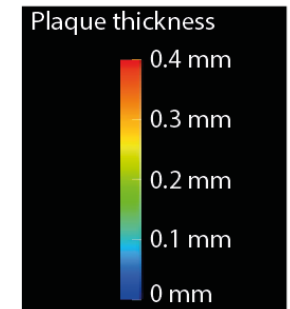
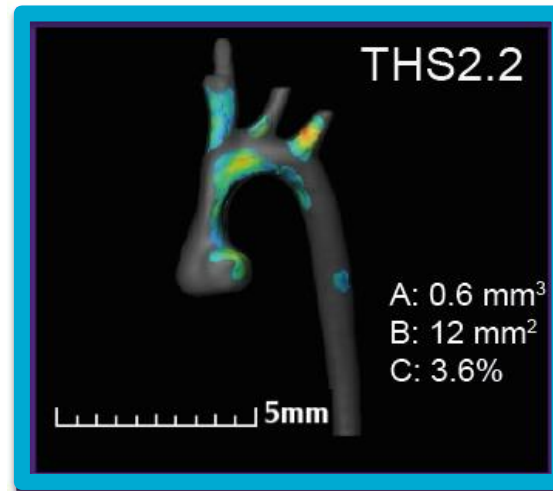
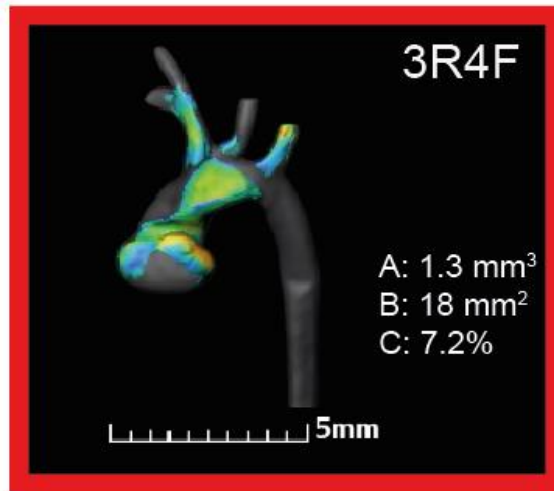
Percentage of  
plaque based on  
mm<sup>2</sup>



Phillips, B., et al. (2015). "An 8-month systems toxicology inhalation/cessation study in Apoe<sup>-/-</sup> mice to investigate cardiovascular and respiratory exposure effects of a candidate modified risk tobacco product, THS 2.2, compared with conventional cigarettes." *Toxicological Sciences* **149(2)**: 411-432.

# Atherosclerotic Plaque in the Aortic Arch

## Data from $\mu$ CT at month 7



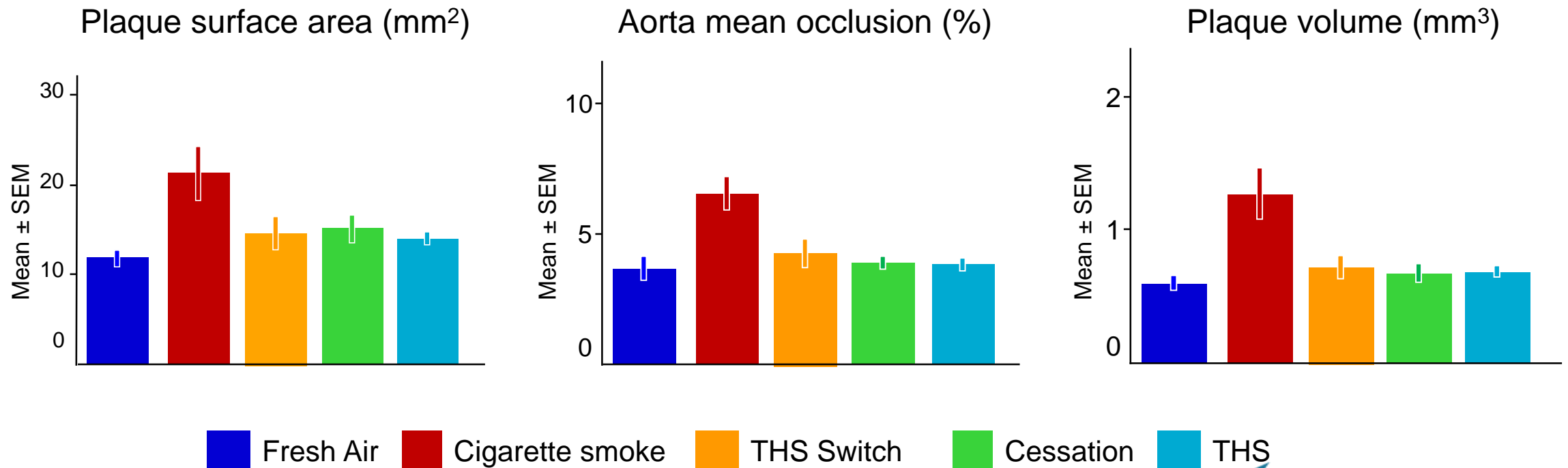
# Atherosclerotic Plaque in the Aortic Arch

## Data from $\mu$ CT at month 7

### Disease Endpoint for CVD

#### Atherosclerotic Plaque in the Aortic Arch

Data from  $\mu$ CT at month 7

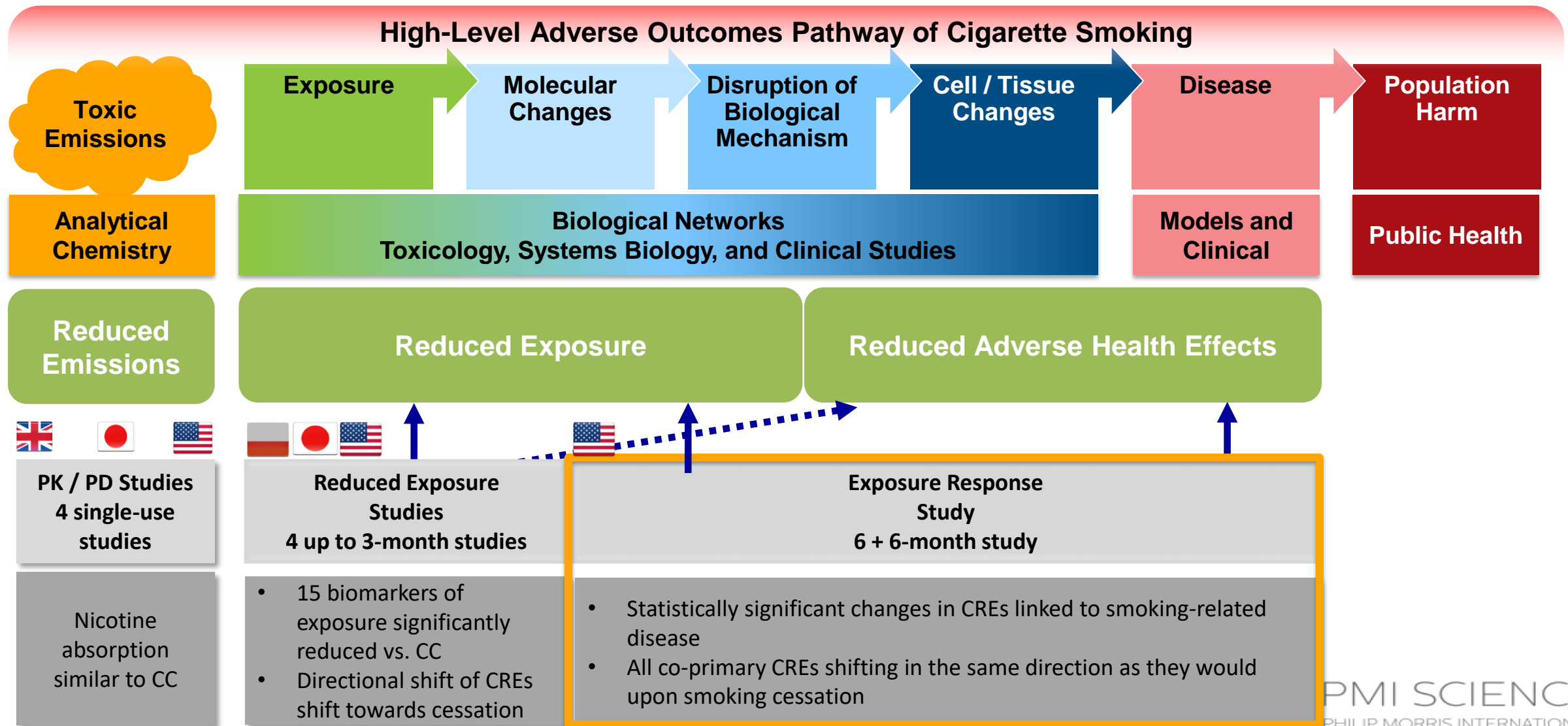




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# Exposure Response Study

# Clinical Assessment - Results to Date



\*Harmful and potentially harmful constituents



# Primary Objective and Co-Primary Endpoints



Smoking Cessation

Epidemiologic link  
to smoking-related  
disease?

Affected by  
smoking status

Reversible upon  
smoking cessation



## Co-Primary Endpoints Representative of Patho-Mechanisms

Lipid Metabolism

HDL - C

Clotting

11 - DTBX - 2

Endothelial function

S - ICAM - 1

CO acute effect

COHb

Inflammation

WBC

Oxidative stress

PGF2 - a

Lung Function

FEV1

Genotoxicity

Total NNAL

Assess the changes across a set of the “8 co-primary clinical risk endpoints” in smokers who switch from smoking cigarettes to using THS as compared to those continuing to smoke cigarettes for 6 months

# Study Population - Main Eligibility Criteria

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Healthy subjects. Minimum 30 year of age.

10 years of smoking history with at least 10 CC/day for the last year

Subjects did not intent to quit smoking

Clinically relevant disorders that would jeopardize the participants safety

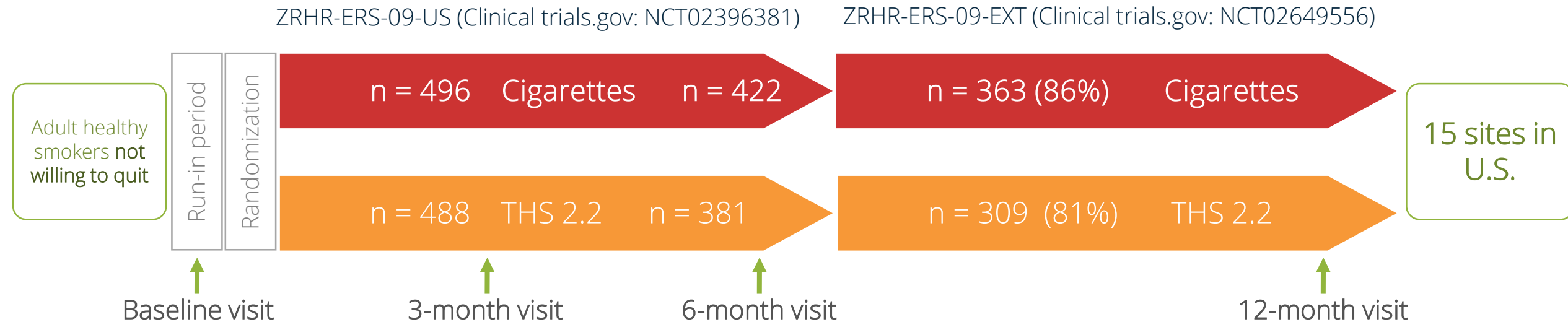
Female, not pregnant or breast feeding

Subjects did use medication with an impact on co-primary endpoints

Green Frame: Inclusion Criteria

Red Frame: Exclusion Criteria

# Study Design and Disposition - Exposure Response Study



# Statistical Analysis

## Success Criteria:

To establish that the risk profile of THS is modified compared to cigarettes

- 1 All co-primary endpoints shift in the direction of cessation
- 2  $\geq 5$  out of 8 clinical risk endpoints are statistically significant (Hailperin-Rüger Approach)
- 3 Majority of the smoking cessation effect is preserved

Primary Analysis: Predominant users of THS  
> 70%

Establish Modification of Risk

Smokers' Health Profile

Study-wise  $\alpha=0.05$

Test-wise  $\alpha=0.031$

If Modification of Risk  
is Established

$\geq 5/8$  significant clinical  
risk endpoints\*

Results of the study can be verified with the  
effects measured for smoking cessation

\*By using a 1-sided test with the Hailperin-Rüger adjusted  $\alpha$  level for multiple testing (1.5625%).

# Analysis Populations

## Reduced Exposure Studies vs Exposure Response Study

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### Primary Analysis Population

#### 3 months Reduced Exposure Study

- Use of no more than 2 CC in a single day during the 30 days preceding the visit
- Average product use within a 3-month period of not more than 0.5 CC/day

#### 6 months Exposure Response Study

- Analysis population: THS 2.2 as it is **actually used**
- $\geq 70\%$  THS use over the 6-month analysis period
- $\geq 70\%$  THS use on  $>50\%$  of days in the 6-month analysis period

### Primary Assessment Objective

Analysis of the effect of THS after full switching

Analysis of the effect of THS as **actually used (up to 30% use of cigarettes)**



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# Main Analysis Population

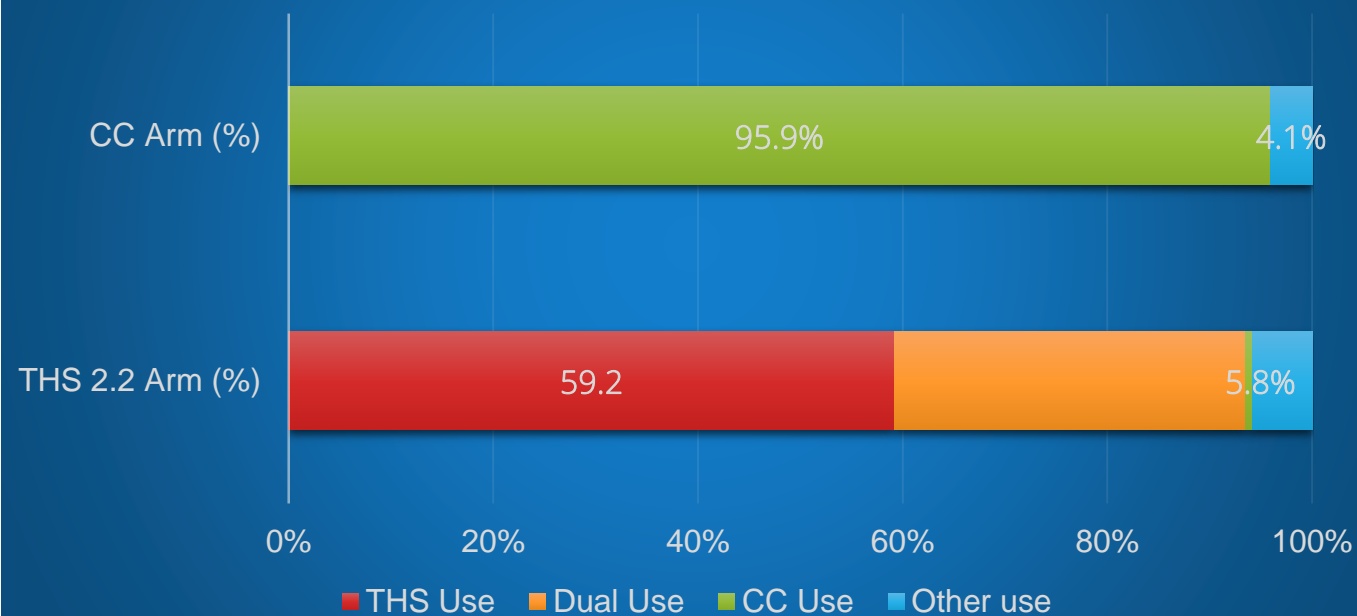
## THS-Use

- Randomized Product Use
- $\geq 70\%$  THS use\*

## CC-Use

- Randomized Product Use
- $\leq 1\%$  THS use\*

Distribution of Randomized Subjects by Product Use Categories



\* Calculated over the study and on at least 50% of the Study Days

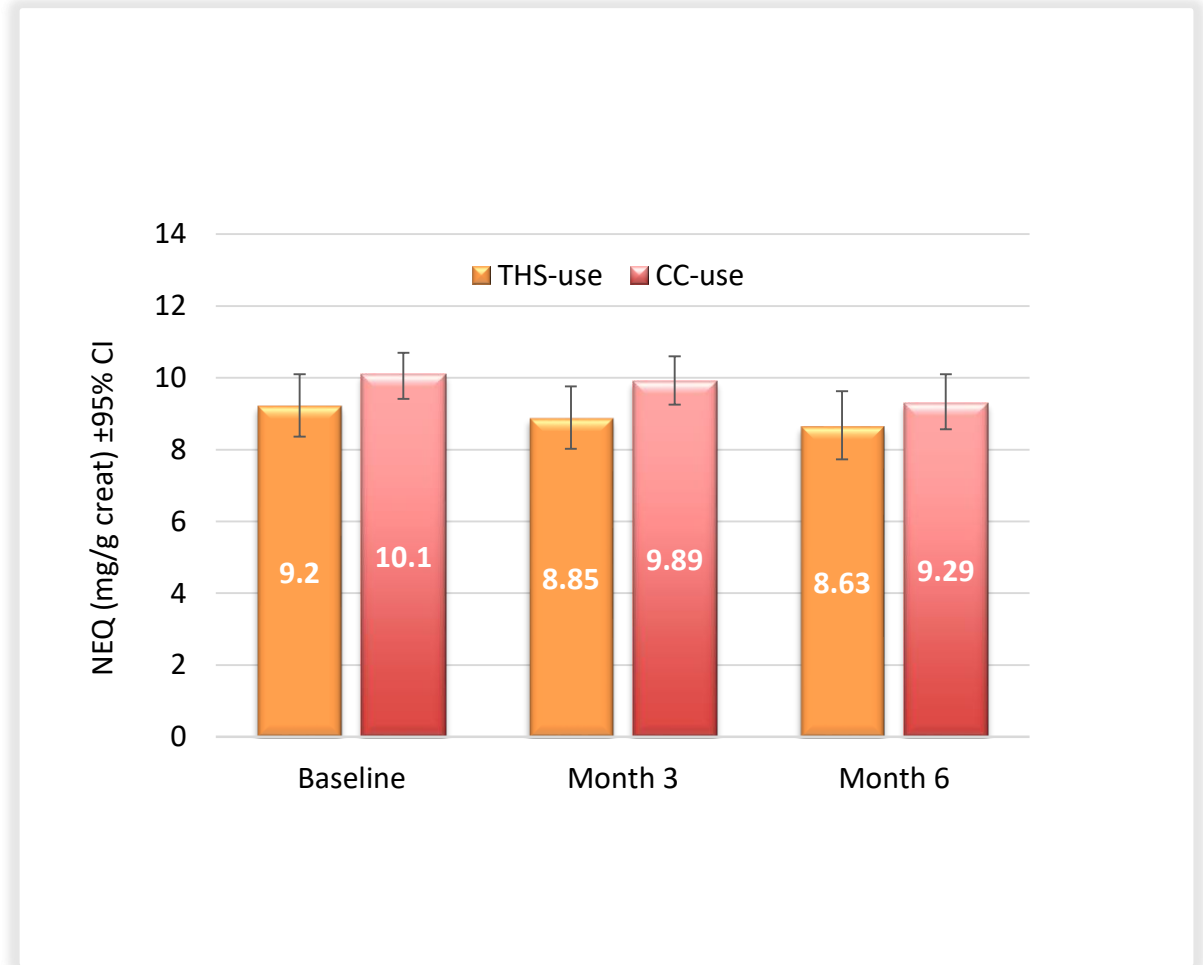
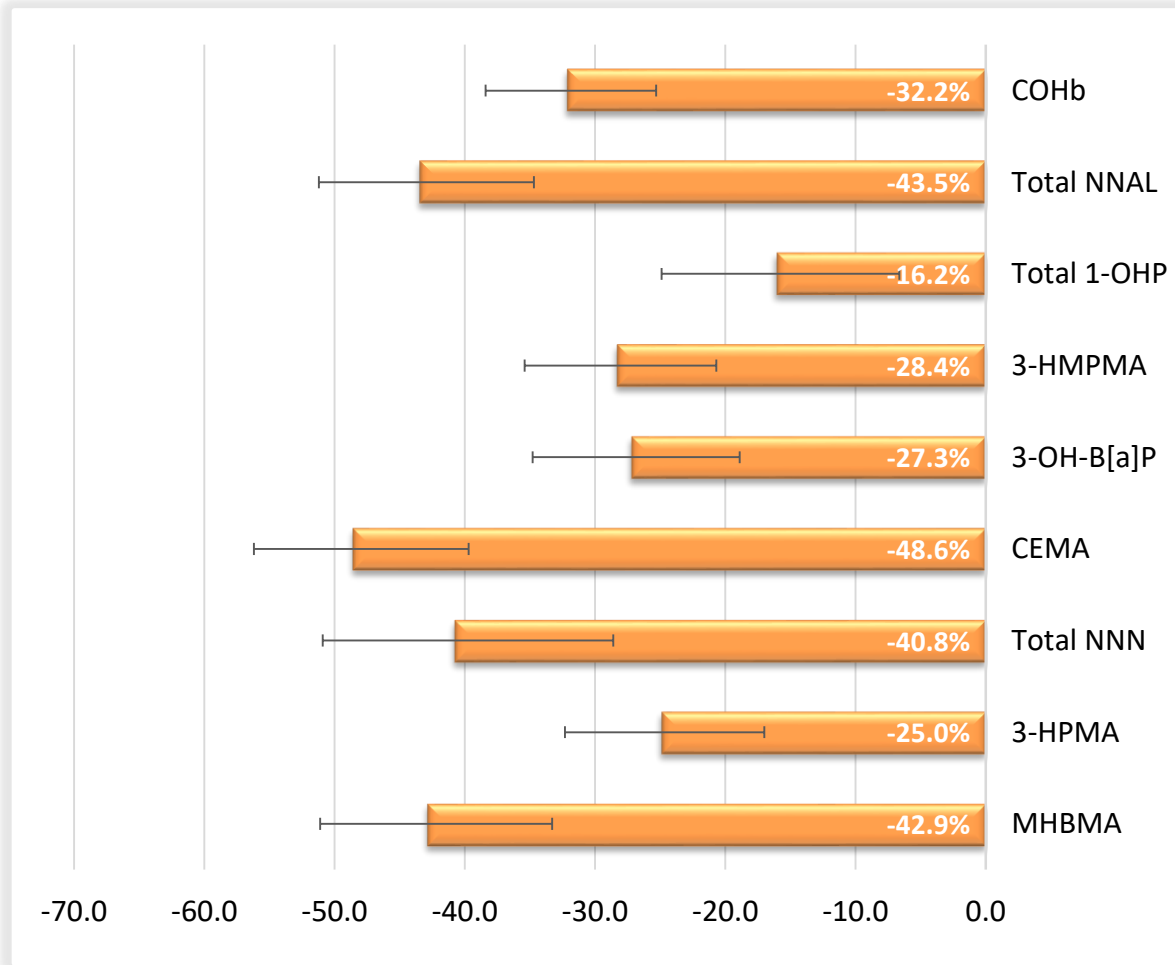
# Product Use

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Time Period	Product	THS Use Mean / Day (Min, Max)	CC Use Mean / Day (Min, Max)
Baseline	Cigarettes	18.5 (10.0, 65.0)	19.5 (10.0, 90.0)
Post-randomization	THS	16.5 (3.2, 63.0)	< 0.01 (0.0, 0.44)
	Cigarettes	1.95 (0.0, 14.0)	16.8 (3.0, 43.7)
	Overall tobacco	18.5 (3.2, 63.5)	16.9 (3.1, 43.7)



# Reduction in Exposure and Exposure to Nicotine



# Clinical Changes After 90 Days

## Reduced Exposure in Healthy Human Subjects



Disease Pathway	Endpoint	Abstinence Effect at 3m [95% CI]		Switching to THS Effect at 3m [95%CI]
Lipid Metabolism	HDL-C	0.0 mg/dL [-5.77; 5.84]	↑	1.4 mg/dL [-2.3;5.0]
Inflammation	WBC	-0.94 10 <sup>9</sup> /L [-2.00; 0.13]	-	0.17 10 <sup>9</sup> /L [-0.47; 0.81]
Airway Impairment	FEV1	2.0 % pred [-3.37; 7.36]	↑	0.53 % pred [-2.79; 3.85]
Endothelial Dysfunction	sICAM-1	-9.9 % [-19.7;1.1]	↓	-10.6 % [-16.7; -4.0]
Oxidative Stress	8-epi-PGF2 $\alpha$	-8.5 % [-25.13; 11.8]	↓	-13.5 % [-23.6;-1.95]
Clotting	11-DTX-B2	-7.2 % [-37.7; 38.3]	↓	-3.6 % [-24.6; 23.3]



Disease Pathway	Endpoint	Abstinence Effect at 3m [95% CI]		Switching to THS Effect at 3m [95% CI]
Lipid Metabolism	HDL-C	6.4 mg/dL [2.5; 10.3]	↑	4.5 mg/dL [1.17, 7.88]
Inflammation	WBC	-0.41 10 <sup>9</sup> /L [-0.95; 0.14]	↓	-0.57 10 <sup>9</sup> /L [-1.04, -0.10]
Airway Impairment	FEV <sub>1</sub>	1.94 % pred [-0.44; 4.31]	↑	1.91 % pred [-0.14, 3.97]
Endothelial Dysfunction	sICAM-1	-10.9 % [-17.8; -3.4]	↓	-8.7 % [-14.94;-2.05]
Oxidative Stress	8-epi-PGF <sub>2</sub> $\alpha$	-5.9 % [-17.1; 6.8]	↓	-12.7 % [-21.81;-2.55]
Clotting	11-DTX-B <sub>2</sub>	-19.4 % [-30.1; -7.0]	↓	-8.98 % [-19.52, 2.94]

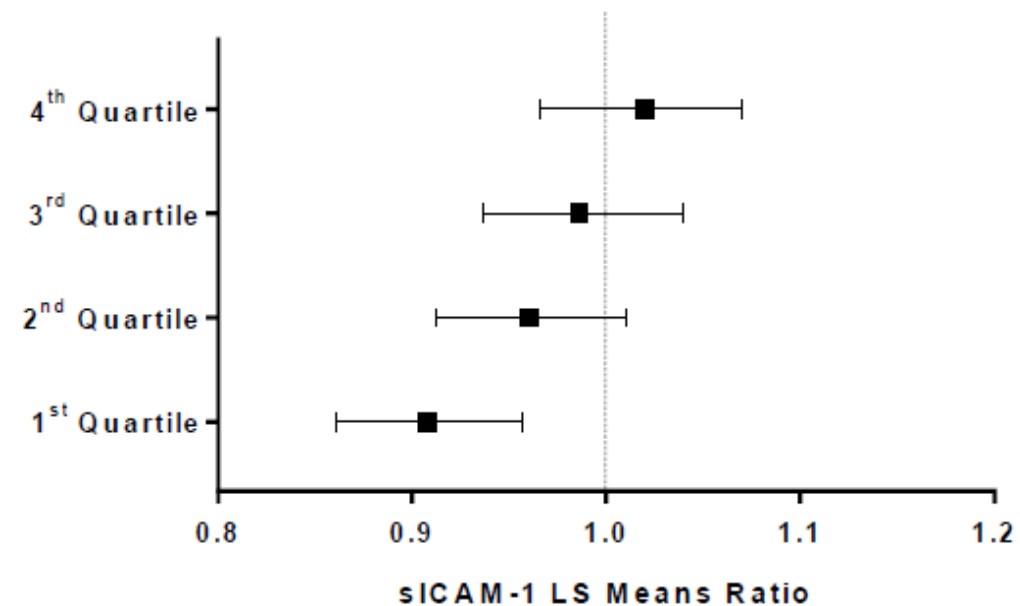
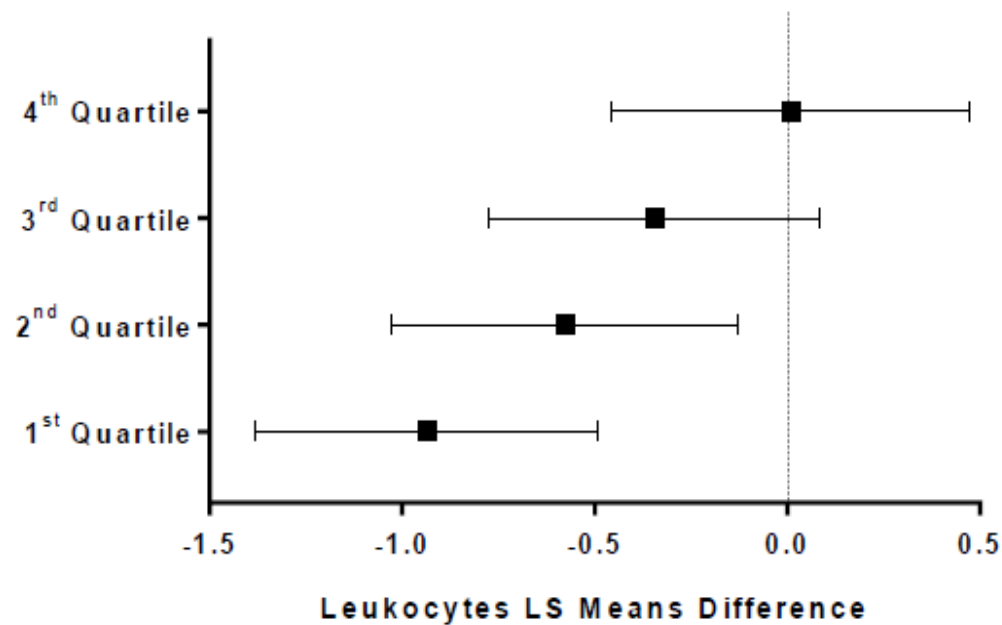
# Changes in Clinical Risk Endpoints

Endpoint	Change From CC-use	Observed Change LS Mean Difference / Relative Reduction	Halperin Ruger Adjusted CI	1-sided p-value (0.0156)	THS directional change vs SA (literature)
HDL-C	Difference	3.09 mg/dL	1.10, 5.09	<0.001*	✓ significant
WBC Count	Difference	-0.420 GI/L	-0.717, -0.123	0.001*	✓ significant
sICAM-1	% Reduction	2.86 %	-0.426, 6.04	0.030	✓
11-DTX-B2	% Reduction	4.74 %	-7.50, 15.6	0.193	✓
8-epi-PGF2α	% Reduction	6.80 %	-0.216, 13.3	0.018	✓
COHb	% Reduction	32.2 %	24.5, 39.0	<0.001*	✓ significant
FEV1 %pred	Difference	1.28 %pred	0.145, 2.42	0.008*	✓ significant
Total NNAL	% Reduction	43.5 %	33.7, 51.9	<0.001*	✓ significant

\* denotes significant p value at the 1.5625% level, following test multiplicity adjustment using the Halperin-Rüger approach

- All CRE shifted in the same direction as smoking cessation effect observed in the literature
- 5 out of 8 clinical risk endpoints were statistically significant compared to continued smoking

# Changes in Clinical Risk Endpoints When Adjusted for CEMA Exposure Levels



Note: The predominant THS Use category group was stratified by CEMA quartiles 1 (bottom) to 4 (top).

Note: Higher CEMA levels are indicative of higher levels of cigarette smoking. The panel for sICAM-1 shows the THS vs. continued smoking LS means ratios. The panel for leukocytes (WBC) shows the THS minus cigarette smoking LS means differences.

# Conclusion of the Exposure Response Study

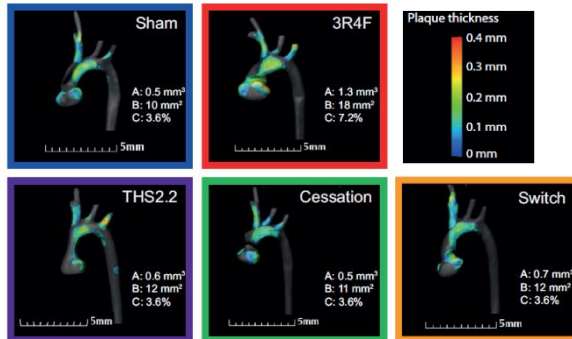
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- All clinical risk endpoints shifted in the same direction as the smoking cessation effect described in the literature
- 5 out of 8 endpoints showed statistically significant and favorable changes after switching to THS....
- ....despite the fact that up to 30% CC use was allowed in the primary analysis population
- Full switching is the best option for current adult smokers continuing to use tobacco products

# Summary

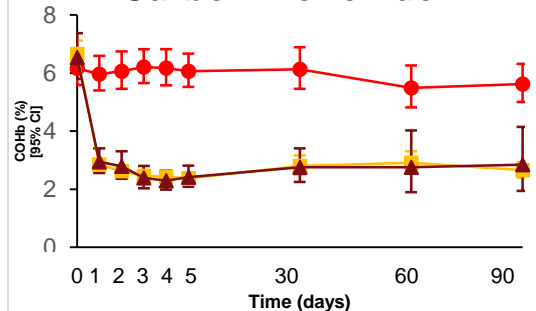
## Cardiovascular

### Micro CT



## Exposure Reduction

### Carbon Monoxide



## In Vivo Endpoints

### Summary of effect versus 3R4F

		THS 2.2	Cessation	Switching to THS 2.2
Exposure markers	NNAL, 3-HPMA, SPMA, CEMA, COHb	↓	↓	↓
Cardio vascular disease	Rate of atherosclerotic plaque growth	↓	↓	↓
	Blood lipidomics (including 11-DTX-B2 and isoprostanes)	↓	↓	↓
	Aorta lipidomics	↓	↓	↓
Respiratory disease	Lung function measured using a FlexiVent system	↓	↓	↓
	Histopathological evaluation of the respiratory nasal epithelium	↓	↓	↓
	Histopathological evaluation of the lung tissue	↓	↓	↓
	Inflammatory mediators and cells in the bronchoalveolar lavage fluid (BALF)	↓	↓	↓
	Lung lipidomics	↓	↓	↓
	Whole transcriptome analysis of the Respiratory Nasal Epithelium: Perturbation of xenobiotic metabolism, inflammation, hypoxia, apoptosis, cell proliferation.	↓	↓	↓
	Whole transcriptome analysis of the lung tissue: Perturbation of xenobiotic metabolism, inflammation, hypoxia, apoptosis, cell proliferation.	↓	↓	↓

## Clinical Risk Endpoints

### THS 2.2

Cardiovascular Diseases	HDL-C	↑↑
	WBC count	↓↓
	sICAM-1	↓
	11-DTX-B2	↓
	8-epi-PGF <sub>2α</sub>	↓
	COHb	↓↓
Respiratory Disease	FEV <sub>1</sub> %pred	↑↑
Cancer	Total NNAL	↓↓



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# Thank you for your attention