# INVESTIGATION ON PUFFING TOPOGRAPHY PARAMETERS AND PRODUCT EVALUATION RECORDED DURING FIVE DAYS OF USE OF THE TOBACCO HEATING SYSTEM 2.2: A COMPARISON WITH CONTINUED COMBUSTIBLE CIGARETTE USE

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# Introduction and Objectives

Philip Morris International is currently developing potentially reduced risk products (RRPs) with the intention to reduce smoking-related morbidity and mortality. It is important to measure the way in which individuals consume the product compared to existing tobacco products.

This study is part of a global clinical program to assess Tobacco Heating System 2.2 (THS 2.2), a potentially reduced risk product. The objective was to demonstrate reduction in exposure to selected harmful and potentially harmful constituents after 5 days of use of THS 2.2 compared to combustible cigarettes (CC). This is reported in another poster.

A secondary objective was to assess the adaptation to THS 2.2 through puffing topography parameters and subjective effects.

### Methods

- Open-label, randomized, controlled, 3-arm parallel groups, confinement study.
- 160 healthy Caucasian smokers aged between 21 and 65 years.
- Subjects smoked CC during 2 days at baseline prior to being randomized for 5 days in 1 of the following arms: *ad libitum* CC use; *ad libitum* THS 2.2 use; or Smoking abstinence (SA).
- Puffing topography is the description of puff characteristics (e.g. puff volume, duration or interval) and was assessed using a Smoking Puff Analyzer Mobile (SODIM®) with pressure and flow measurement capabilities.
- Puffing topography parameters were recorded at baseline for all subjects, and at Day 1 and Day 4 for both the CC and THS 2.2 arms.
- Product evaluation was assessed daily using the modified cigarette evaluation questionnaire (mCEQ).
- An analysis of variance (ANOVA), adjusted for baseline value, sex and daily cigarette consumption was applied to the puffing topography parameters with the study arm as a factor.
- The study was conducted in Poland in 2013 according to ICH GCP, approved by an Independent Ethic Committee, and registered at ClinicalTrials.gov (NCT01959932).

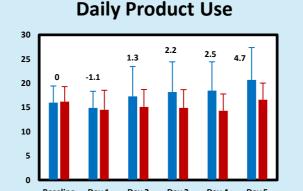
	Variable	Visit	THS 2.2	CC	SA	Overall
			(N=80)	(N=40)	(N=40)	(N=160)
	Subjects with assessable puffing topography parameters	Baseline	56	27	26	109
		Day 1	79	27		106
		Day 4	78	27		105

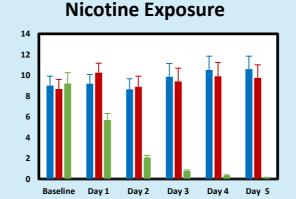
# Results

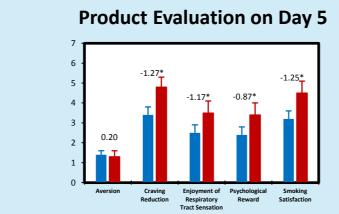
#### **Demographics**

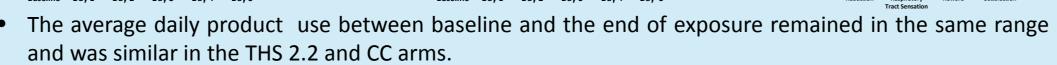
		THS 2.2 (N=80)	CC (N=40)	SA (N=40)	Overall (N=160)
Age [yr M ± SD]		37.6 ± 11.7	37.2 ± 11.7	35.9 ± 10.6	37.1 ± 11.4
Sex (male) [n(%)]		40 (50)	20 (50)	20 (50)	80 (50)
Number of CC/Day [n(%)]	10-19 > 19	44 ( 55.0%) 36 ( 45.0%)	22 ( 55.0%) 18 ( 45.0%)	21 ( 52.5%) 19 ( 47.5%)	87 ( 54.4%) 73 ( 45.6%)

#### **Product Use Nicotine Exposure, and Subjective Effects**



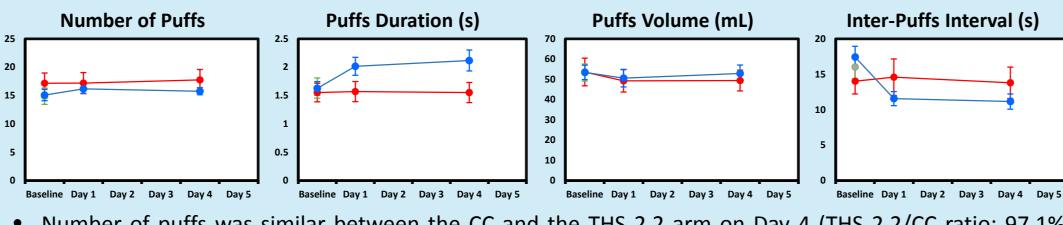




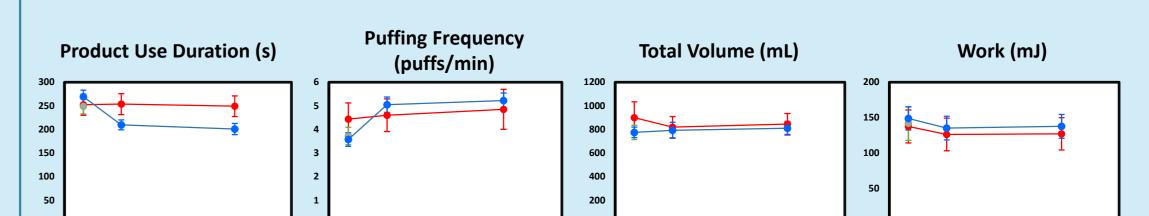


- The total nicotine exposure measured as nicotine equivalents was also similar in both arms throughout the exposure period (THS 2.2/CC ratio: > 99 % [95%CI: 83 -119%]).
- Product evaluation subscale scores showed that THS 2.2 was slightly less satisfying than CC after 5 days.

#### **Puffing Topography**



- Number of puffs was similar between the CC and the THS 2.2 arm on Day 4 (THS 2.2/CC ratio: 97.1% [95%CI: 89.4-105.5%]).
- Puffs were 32.25% longer in THS 2.2 arm on Day 4 [95%CI: 20.2-45.5%].
- Puffs volume was similar between CC and THS 2.2 arm on Day 4 (THS 2.2/CC ratio: 105.5% [95%CI: 95.6-116.5%]).
- Inter-puff interval were 32.2% shorter in THS 2.2 arm on Day 4 [95%CI: 22.7-40.5%].





- Product use duration was 22.4% shorter with THS 2.2 arm on Day 4 [95%CI: 13.6-30.2%].
- Puffs were 32.3% more frequent with THS 2.2 arm on Day 4 [95%CI: 18.3-48.1%].
- Total volume inhaled was similar between CC and THS 2.2 arm on Day 4 (THS 2.2/CC ratio: 105.3% [95%CI: 92.6-119.7%]).
- Work was similar between CC and THS 2.2 arm on Day 4 (THS 2.2/CC ratio: 96.8% [95%CI: 82.2-113.9%]).

## Conclusions

- These results suggest an adaptation of product use after switching to a new product as of Day 1 with different characteristics to achieve the levels of nicotine desired by the THS 2.2 user.
- Differences observed in puffing topography parameters suggest an ongoing adaptation of product use throughout the study.
- Product evaluation however indicates an adaptation extending beyond the observation period of 5 days.

